

Network News - December

Welcome to Network News, our monthly update from the Emerging Minds Network. Read on to find out about:

- Our first funding call has launched!
- Our kick off events are still going on across the United Kingdom
- The Emerging Minds **podcast** returns with another episode featuring Kadra Abdinasir from the Centre for Mental Health
- Collaboration opportunities and funding for mental health research
- News from our network members and the wider world





The Emerging Minds Network have been hosting kick-off events over the past few months which have focused discussion around our <u>4 Research Challenges</u>, which we developed in partnership with young people, their families, practitioners and policy makers.

We are now inviting proposals for targeted and piloted research projects to address Research Challenges 2, 3 and 4.

The deadline for applications is **21 February 2020 - 9am**

The full **briefing** and **application form** are both available for **download here**. You can check out **our FAQs** for more information on who can apply.

Upcoming events

We will be hosting optional **Proposal Development Workshops** on 24th and 31st January 2020 to help applicants develop their proposals for our first funding call. We will also be hosting **virtual proposal development webinars** in early January focused on each of the Research Challenges. Further details will be circulated very soon.



Kicking off in the East of England



We will be hosting a kick-off meeting for colleagues across the East of England on **20 January 2020** at **2pm** at the Coslett Building at the Cambridge Campus of Anglia Ruskin University.

The objectives of the event are to help provide details about our funding call and to showcase inspiring examples of research. The networking opportunities available have also had overwhelmingly positive feedback from our attendees so far.

You can register for your free place on Eventbrite.

Other Events

Due to industrial action, our November Belfast kick-off event has had to be postponed until **February 2020**.

Emerging Minds Podcast Interview

<u>Kadra Abdinasir</u> from the <u>Centre for Mental Health</u> joined us for a fascinating episode of the <u>Emerging</u> <u>Minds Podcast</u>.

The Centre for Mental Health is a member of the leadership team for the Emerging Minds Network and Kadra was able to explain more about their on-going work. She also discussed the various ways the Centre have worked to engage young people as peer-researchers.

Kadra was able to give more information about planned future collaborations with the Emerging Minds Network and about some exciting upcoming opportunities for Early Career Researchers.

As well as checking it out on the <u>website</u>, you can also listen to the episode directly on <u>Soundcloud</u>.



Collaboration opportunities



CALM Service in Bradford - Whole Service Evaluation

<u>Family Action</u> has a requirement for a whole service evaluation of our CALM Service in Bradford. The service will test a new trauma informed partnership approach to reach primary-aged children with Adverse Childhood Experiences (ACEs), through partnership working between Family Action, Relate and Step 2.

The purpose of the evaluation is to assist the service to collect the correct data in order to evidence outcomes, then examine this data for what it tells us about the effectiveness of the delivery process of the service for parents, children and school staff, and the impact this has on them.

This work has a budget of £22,000 (inclusive of VAT), starting late January 2020 for delivery of a final report in October 2022.

The deadline for tender submissions is **17 December 2019** with interviews to be held on **14 January 2020**

Please contact <u>Stacey.Warren@family-action.org.uk</u>to apply or seek further information.

Recommended Reading

Lifting the lid on young people's mental health

Researchers at the <u>University of Manchester</u> and <u>Kooth</u>, an online mental health service for young people, have collaborated on a report into digital mental health support for children and young people.

Some of the key findings are that the lack of a therapist physically present and the anonymity of the service made young people feel more able to open up and express themselves freely. The accessibility of the service also helped the young people feel in control of the support received.

MindTech Symposium - Podcast edition

For those of us who were not able to join the <u>MindTech Symposium</u> this week, <u>the Mental Elf</u> has kindly put together a podcast featuring the key speakers on <u>SoundCloud</u> - well worth a listen!

WellCome Photography Prize 2020

The WellCome Photography Prize celebrates compelling imagery that encourages conversations about the health challenges of our time. This year's theme is Mental Health, which covers two of their five prize categories.

WellCome believes that a radical new approach is needed to transform the science of mental health. With that in mind, they are looking for photographs that present refreshing, genuine insights into mental health issues.

The winner of each category will receive £1,250 and the overall winner receives £15,000. The deadline for entries is **23.59pm (GMT)** on **16 December 2019**. More details on how to enter can be found here.

MRC/AHRC/ESRC Adolescence, Mental Health and the Developing Mind: Engagement Awards - Deadline Approaching

Engagement Awards are awards of up to 12 months aimed at building and strengthening a cross-disciplinary community in the research area of Adolescence, Mental Health and the Developing Mind. Aimed at establishing new collaborations, this £1.6M call is part of a larger scale research development project.

Tell us what you think on Twitter <a>@EmergingMindsUK

You can also get in touch via our email address info@emergingminds.org.uk

Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.

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