



## Network News - November

Welcome to Network News, our monthly update from the Emerging Minds Network. Read on to find out about:

- Our **kick off events** are continuing across the United Kingdom - tickets still available!
- Exciting **workshops** for Early Career Researchers
- Another episode of the Emerging Minds **podcast**
- **Collaboration opportunities** and **funding** for mental health research
- News from our **network members** and the **wider world**

### Autumn kick off events



In October, we held [kick off events](#) in Glasgow and Swansea and will be holding more this month. Each of these have brought people together from across sectors and disciplines provided opportunities for discussion around potential collaborations.

The objectives of the kick-off events are to share details about the funding calls which are launching shortly, to showcase inspiring examples of research and to facilitate possible collaborations to address the Emerging Minds research challenges.

- **November 18** - [London School of Hygiene & Tropical Medicine \(Held at Lift Islington\)](#)
- **November 21** - [Institute of Mental Health, University of Nottingham](#)
- **November 25** - [The Curve, Manchester](#)
- **November 29** - [Virtual kick-off event](#)

Our event in Belfast on **November 27** is fully booked but please do contact us on [info@emergingminds.org.uk](mailto:info@emergingminds.org.uk) if you would like to join the waiting list.

## Opportunities for Early Career Researchers

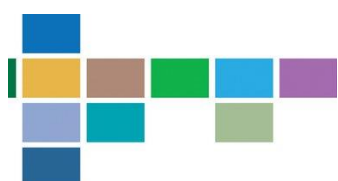
**January 17** - One day workshop at the [Mental Health Museum Workshop](#)

We will be addressing challenges and opportunities offered by interdisciplinary research on children and young people's mental health. It will be open to postgraduate and early-career researchers from any discipline. The event is free and there are travel bursaries available.

In our first [podcast episode](#), Professor Cathy Creswell and Dr Jamie Stark from the University of Leeds sat down to discuss what this opportunity might mean for early career researchers.

For more information on how to apply, please do [visit our website](#) to find out more.

**The deadline for applications is November 14**



the institute of  
mental health  
Nottingham

**November 21** - [Proposal Development Workshop](#)

Hosted by [Nottingham's Institute of Mental Health](#), the purpose of this event is to support Early Career Researchers to develop their research ideas into fundable, collaborative project proposals.

However, if you are unable to attend this workshop in Nottingham, we are also hosting a [Webinar: Virtual ECR Meeting](#) on **December 4**. Again, places are limited so please do [reserve your free place on Eventbrite](#) to avoid disappointment.

## Emerging Minds Podcast Interview

On October 23, we hosted a joint event in Swansea with the [Adolescent Mental Health Data Platform](#) as part of our nationwide series of kick off events.

Following the event, we were able to sit down with [Professor Ann John from Swansea University](#) to find out more about the Adolescent Mental Health Data Platform and the work they do.

In the [episode](#), Ann also explains about why she got involved with Emerging Minds and her role in the [new Wolfson Centre for young people's mental health to be based in Wales](#).

As well as checking it out on the website, you can also listen to the episode directly on [Soundcloud](#).



## Collaboration opportunities

### **NSPCC** NSPCC invitation for proposals

NSPCC are inviting proposal for two rapid pieces of research to inform Childline planning and practice. Childline is a free and confidential telephone and online counselling service for children and young people, which responds to concerns spanning abuse, bullying, exam stress and relationships. In recent years, an increasing number of children and young people have contacted Childline to talk about their mental health and suicidal feelings.

NSPCC are commissioning research that will inform existing protocols for assessing and responding to suicide risk. They are also seeking a deeper understanding of the role Childline plays in the wider safeguarding and support sectors for children and young people. For more information about the research funding visit [here](#) or email [tenders@nspcc.org.uk](mailto:tenders@nspcc.org.uk). The closing date for proposals is **December 9** at **9am**.

### **Funding Call: Loneliness & Social Isolation in Mental Health Network**

[The Loneliness and Social Isolation in Mental Health Network](#) are launching their first funding call on Pathways between loneliness, social isolation and mental health.

They will be hosting a funding call workshop on **November 13** with tickets available [here](#).

More information on making an application can be found on their [website](#).



### **NIHR**

### **NIHR MindTech National Symposium 2019 - December 5 2019** **Topic: New Frontiers for Digital Mental Health: Implementation & Impact**

Digital technology has the potential to transform mental healthcare by offering novel interventions and more accessible, efficient and flexible services. However, if digital mental healthcare is to succeed in improving lives it requires both a stronger evidence-base and clear pathways for delivery, adoption and sustainability in real-world services.

[The MindTech Symposium 2019](#) brings together leaders in clinical practice, patient experience, academic research, industry and technology development to address the key challenges in building a stronger evidence-base to support implementation of new technologies in mental healthcare.

[Booking is now open](#) for this popular event

## Recommended Reading

### [State of the Nation Report](#)

Last month, the government released their report on wellbeing in children and young people including psychological health in teenage girls.

Some of the key findings were around school satisfaction fading as children grow older, that girls are more likely to be bullied and that a lower proportion of pupils receiving free school meals report high levels of life satisfaction.

More distressingly, nearly 1 in 5 young people state that they are not happy with their lives.

### [Making the Grade](#)

[The Centre for Mental Health](#) have also released their report into the profound effects that educational settings can have on young people's mental health and wellbeing. As well as identifying ways that the structure of school can be stressful, it also examines the positive impact that it can have on mental health, such as teaching life skills and creative subjects.

The report also shows how more can be done to support the mental health of children and young people and calls on the government to ensure more funding to enable educational institutions to become healthy and nurturing environments.

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Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.

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