



Network News - May

Welcome to [Network News](#), our update from the Emerging Minds Network.

We hope this finds you well. Read on to find out about:

- Our **Co-SPACE study** - second update and recent expansions!
- Did you miss the first round of our webinars? Check out our **podcast!**
- More **webinars** on the way, including a focus on managing self-harm under lockdown and the return to school
- Our evidence based **resource** on how to support children and young people with their fears and worries about COVID-19 is now available in many languages and for families with preschool age children

News about our Co-SPACE study



Second Update Report Available

The Co-SPACE survey aims to learn more about how families are coping with the challenges of COVID-19. The second update with findings from our first 5000 participants is now available.

Click [here](#) to find out our key findings and download the report.

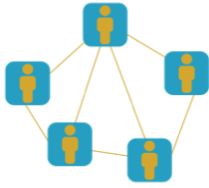
We still need your help to spread the word and encourage participation of parents and carers in our Co-SPACE study - please keep spreading the word among your networks and contacts on [social media](#) or email. You can find us on [Twitter](#), [Facebook](#) or [Instagram](#)!

The more people we can recruit from as broad a population as possible, the more insight we can gain into how families are coping with COVID-19

cospaceoxford.com/survey



Co-Space Study - Expanded!



Our Co-SPACE survey is still on-going. Alongside CO-SPACE, we have recently launched the Co-SPYCE survey for parents or carers of pre-school children aged 2-4 years.

We are also excited to partner the Co-SPACE Ireland, Co-SPACE Denmark and I-FACE Iran studies which cover similar areas to our Co-SPACE survey for residents of those countries.

You can find an overview of Co-SPACE and all the partner studies [here](#).

More webinars on their way!

We are busy working on the next installment of our **Emerging Minds COVID-19 webinar series** in collaboration with the Mental Elf.

All webinars are free to join, you just need to book your place via Zoom. So far confirmed are:

[Self-harm in lockdown: supporting young people who self-harm with Prof Ann John & Dr Faraz Mughal - 12 May 2020 11am](#)

[Returning to school: school reintegration and youth mental health with Dr Polly Waite and Fran Morgan from Square Peg - 22 May 2020 11.30am](#)

For up to date details of confirmed webinars, please visit our [website](#)



Resource for parents and carers - now available for families with preschool children

Our evidence based resource has now been specially adapted for parents and carers of preschool-aged children (aged 2-4) by Dr Peter Lawrence and Prof Helen Dodd. Check it out [here](#) and consider joining and spreading the word about our [Co-SPYCE study](#) to help us understand how families with pre-school children are getting on during COVID-19.

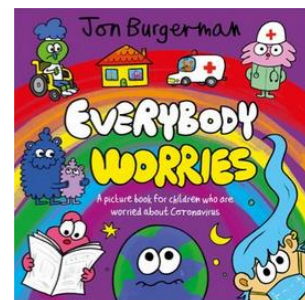


Our resource for families with school-aged children is [now available in 14 different translations](#) including Afrikaans, Polish and Greek. Other versions will be available soon. Thanks so much to our wonderful translators who have offered their time so generously!

Recommended Resource

[Free Downloadable Ebook](#)

Brilliant new free, downloadable ebook by Jon Burgerman and Oxford University Press for children (and grown ups) who are feeling worried about the situation we all find ourselves in.



Other Opportunities

[TRIUMPH Funding Call - Open Now](#)

TRIUMPH is inviting applications from transdisciplinary teams to conduct research to improve youth mental health through a public health approach.

Applications must focus on at least one of the [TRIUMPH Network Themes](#), and target young people aged 10-24 years.

Visit their [Funding Page](#) for more details.

Deadline **31 July 2020**



[eNurture - Second Funding Call is Open](#)

eNurture is inviting applications to its second Network+ funding call. A total budget of £250,000 is available. They invite applications for funding in the following primary thematic areas:

- A Focus on Families: The Digital World
- A Focus on Schools/ Peers: The Digital World
- New Practice Models: Families and Schools
- Policy, Legal and Regulatory Frameworks

Further details are available on their website or you can contact s.m.chan2@sussex.ac.uk



[March Network Plus Funds](#)

The MARCH Network is inviting proposals for research projects in one of two categories:

- 1) grants of up to £50,000 addressing one of two specific priority research questions
- 2) grants of up to £20,000 for innovative research on two further broad questions.

Applicants should submit proposals by **5pm on 31 May 2020**

New Resilience Research group

Dr Jennifer McGowan, Research Associate in Health Psychology and Epidemiology, UCL Department of Applied Health Research invites researchers to join her newly convened Resilience research group. The aim of the group (so far) is to keep track of the resilience research currently being done, and collaborate on further grants. They are very happy to hear from any resilience researchers who'd like to be part of this group, or any other researchers with resilience data without an attached researcher. They are making a start by collecting and combining all the information collected on resilience and Covid, with an eye to more general work after the pandemic. Jennifer is contactable on: j.mcgowan.12@ucl.ac.uk



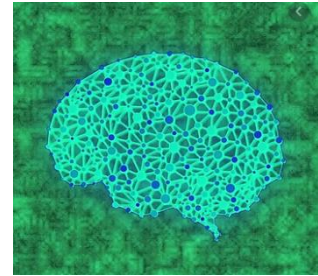
CovidMinds

COVID-MINDS is a network of longitudinal studies on the global mental health impact of Covid-19.

They are linking together studies from countries around the world, supporting the sharing of protocols and data, the harmonisation of mental health measures, and the dissemination of findings to policy-makers and health bodies.

They are also collating empirical research on mental health as it is published and sending fortnightly newsletters to help researchers stay up to date.

Sign up for their newsletter [here](#)



Other Upcoming Events

At Home with the Child Experts: The Science of Stress and Coping During COVID-19

The Society for Research in Child Development is holding a 30 minute informal conversation. The aim is to give parents and caregivers a chance to ask leading child development experts pressing questions about helping their children cope with stress during the coronavirus pandemic.

This will be taking place on **Friday 8 May 2020 at 11am EDT**

To register, visit [here](#)



Psychwire - How do we manage grief in a pandemic?

How can we manage grief in the wake of COVID-19? Ask grief and bereavement expert Katherine Shear.

M. Katherine Shear is a psychiatrist and clinical researcher with special expertise in the nature and treatment of complicated grief, also known as prolonged grief disorder.

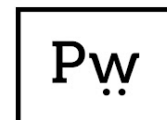
She is well placed to answer questions about ways to understand grief and adaptation to loss, manage emotional pain, and support others who are grieving. So what steps can we take to manage grief? ASK now.

Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.

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