

## **Network News - Webinar Updates**

Welcome to Network News, our update from the Emerging Minds Network.

We hope this finds you well. We have a lot of exciting things happening at Emerging Minds at the moment and we didn't want our members to miss out. This is an update to pass on the details about our upcoming webinars and the new episodes of our podcast.

## More webinars on their way!

We are busy working on the next installment of our **Emerging Minds COVID-19 webinar series** in collaboration with the Mental Elf.

All webinars are free to join, you just need to book your place via Zoom. So far confirmed are:

<u>Teen Sleep during COVID-19: what can research</u> tell us?

<u>Dr Faith Orchard and Dr Dimitri Gavriloff - Wednesday 27 May 2020 10.30am</u>

Let us play - children's mental health during COVID-19: what can research tell us?

Dr Wendy Russell and Prof Helen Dodd - Thursday 28 May 2020 11am

For up to date details of confirmed webinars, please visit our website

## **Podcast episodes**

If you missed out on any of our past webinars, never fear - they are now available as **podcasts** along with helpful resource recommendations.

The most recent episode was on <u>Back to school</u> <u>after lockdown: School reintegration and youth mental health</u>





We have covered a big range of topics over the past few months including autism, self-harm, screen time and how best to support children and young people with their anxieties. We have also been lucky enough to hear from a wide range of speakers across a variety of sectors. Don't miss out!

Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.

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