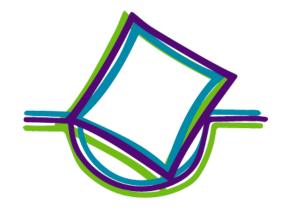
Back to school after lockdown

Fran Morgan, Square Peg

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Square Peg & Not Fine In School



SQUAREPEG

Works to effect change for children with school attendance difficulties & their families



Supports & empowers parents, and provides information for parents & schools

Not Fine In School

Closed Facebook Group for parents 170 members in January 2018 11,800 members today

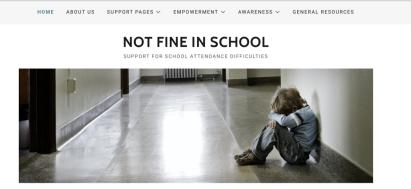
Closed Facebook Group for professionals

Website

www.notfineinschool.org.uk

Lots of resources for parents & schools





Not Fine in School is a parent/carer-led organisation set up in response to the growing number of children and young people who struggle with school attendance. This struggle may relate to unmet Special Educational Needs & Disabilities (diagnosed or suspected), bullying, trauma, physical or mental illness. School attendance difficulties are poorly understood, are compounded by current challenges within the education and health systems, and can have severe consequences for both child and family. NFIS aims to support these children and their families, and raise awareness of their experiences.

School 'refusal'

Not 'refusal'; it's about can't not won't

Already a growing problem pre-Coronavirus, for many reasons

Absence and exclusion are two sides of the same (unmet need) coin

The response to school 'refusal' often exacerbates problems

The statistics only measure **persistent absence**, and not the underlying reasons (which are often complex), **the numbers are significant**

783,000 persistent absentees (10%+ absence) 385,000

missing almost half a term (12.7%+ absence)

53,/00 missing about half a year (50%+ absence)

What helps?

- 1. Establishing trusted relationships; trust is key
- 2. Acknowledging that school attendance difficulties are **real**, and the level of **difficulty**, **stress** & **worry** for all concerned
- 3. Identifying the underlying causes, if possible
- 4. Working in partnership with child & family to find helpful strategies/ interventions
- 5. Recognising that small things can make a BIG difference
- Being supportive, and realising that it might be 2 steps forward,
 1 step back at times
- 7. Being flexible and creative in your support strategies
- 8. A whole school, ACEs-aware approach, which will benefit ALL children

Returning to school: a survey

790 (anonymous) respondents over 3 days in April 2020. Mainly parents, and probably **parents of school 'refusers'**

We asked about:

- their concerns
- what options or support they would like to see
- and about future changes or educational reforms

Returning to school: concerns



put the possibility of their child catching Covid-19 as their no.1 concern when schools reopen

32%

rated the need for mental health support as a no.1 or no.2 concern when schools reopen



expect their child will definitely struggle to return to school, while another **18%** expect their child will be anxious to begin with

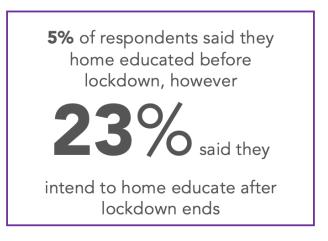
Returning to school: support

flexibility

was the predominant request for the future – with flexi-schooling, community learning hubs, online school, home education and a more flexible attitude in schools and academies

mental health support, testing & contact tracing, & a vaccine

were seen as the most important options to support the return to school



Returning to school: the future



would like to see a broader range of educational provision on offer

73%

would like to see radical reform to the education system, with **23%** hoping for small improvements



would like to see the new online resources made permanently available

Covid-19 survey on the reopening of schools 22 April 2020

Not Fine in School SQUAREPEG

Widespread concerns are being expressed by parents & teachers in relation to the reopening of schools during the current COVID-19 pandemic. This survey was created to identify what the most significant concerns are, and which provisions will help people feel it is safe to return to school. We also included questions that could aid understanding of how the pandemic may have altered people's attitudes to our education system. Between April 18th and 21st 2020, 790 people responded to the survey.



See https://notfineinschool.org.uk/nfis-surveys for the full survey report.

A time to reassess/1

This could be the opportunity for a much-needed **new normal**:

- Recognise the reality of school 'refusal'. It's a complex, global problem – there are no quick fixes
- 2. Prioritise a **Recovery Curriculum/trauma-aware** whole school approach
- 3. Concentrate on **relationships**; more than ever we need **honesty** and **trust**
- 4. Treat the return to school as another **emotional transition**. The lack of time to prepare & the focus on practicalities are a huge concern
- 5. Develop online provision as a more permanent complement to school-based learning but: equity of access, engaging content and interactive

A time to reassess/2

- 6. Support teachers and parents with their own stress/anxiety; this will go a long way to reducing children's anxiety
- 7. Be flexible and supportive. Zero-tolerance policies will not work
- 8. Expect masking and challenging behaviour
- 9. Equip **individual teachers** to play a crucial role in school attendance difficulties, but they will need **training** and **agency**
- 10. Everyone involved will need to weigh up the risks/benefits and make **individual**, **informed decisions**





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