

Network News - October

Welcome to <u>Network News</u>, our update from the Emerging Minds Network. We hope you are all keeping well and safe in these challenging times.

We have lots going on right now including several very exciting new projects that we'd love for you to get involved in!

Co-RAY

Our new Co-RAY project will focus on:

- Making sense of what research says about how the mental health of young people aged 11 – 16 years has been affected by the pandemic.
- Supporting young people themselves to develop and share resources that will be helpful for other young people (particularly those aged 11 – 16 years old).



Interested in getting involved?

We have created a short activity for young people to tell us what they think 11 – 16 year olds need to support their mental health during COVID-19. If you work with 11-16 year olds please do get involved **before 18 November 2020**.

Download PDF to find out more

Catch up with our findings so far and share what you are working on at our CoRAY webinar on the **2December** at **1pm**.

Click here to find out more and register in advance for the meeting

Co-SPACE Update

We are really delighted that findings from Co-SPACE have been featured in the government's <u>State of the nation 2020</u>: children and young people's wellbeing report. But we still need your help to develop Co-SPACE.

We are looking for parents/carers of children aged 2-16 to join our Parent Advisory Group for the Co-SPACE study. Through meeting with parents and carers (remotely), we hope to gain thoughts and opinions on a range of issues to help us improve our study.

To find out more and register your interest, please visit cospaceoxford.com/involve



ID-19: Supporting

Special Interest Research Groups Opportunity - Deadline Approaching!

We've had some really fantastic expressions of interest for our Special Interest Research Groups

To find out more about the support that we can offer and how to apply, please visit here.

Deadline for applications - 9 November 2020



Cross-Sector Placement Update

We have a very exciting update from Early Career Researcher Vanessa Bennett from the Neuroscience, Ethics and Society (NEUROSEC Group) at the University of Oxford.

<u>Understanding online help seeking of young</u> <u>people via the Childline moderated online peerpeer message boards</u>

To find out more about other Emerging Minds funded cross sector placements, visit this page



Early Career Researchers Webinar Series

In partnership with some of our partner networks, we are running a <u>webinar series</u> with advice for anyone who considers themselves as Early Career Researchers (ECRs).

This is a free 2 part series bringing together researchers to provide proactive advice on applying to and securing mental health research funding.

Event 1 - Mon 30 November 2020 1-4pm

This session focuses on funding. Hear from the perspective both of network funded ECRs and funders on what makes a successful application, have your funding questions addressed by a funding representative and take part in an exciting competition!

Event 2 - Mon 7 December 2020 1-4pm

The second event focuses on networking and career development. You will have the chance to attend a series of "salon-style" breakout rooms where you will be able to ask all kinds of career and funding advice to senior researchers and PI's with a variety of research interests and backgrounds.

Want to sign up?

Visit our website for how to join in



Opportunities for researchers, practitioners, young people and families



Save the date: What the UK thinks about the Early Years

This year, <u>The Royal Foundation</u> and Ipsos MORI conducted an extensive body of research to hear what the nation has to say about the importance of the early years. We welcome you to join us as we share the results.

Wednesday 25 November 2020

Register here to attend



Webinar: Mental Health research is racist, so what are we all going to do about it?

This free Mental Health Question Time webinar organised by UCL Psychiatry, the Lancet Psychiatry, Black Thrive and the Mental Elf will ask how we can promote diversity and equity in mental health science.

Panelists include Natalie Creary (Director of Black THrive), Syeda Akther, Prof Stephani Hatch, Prof Dawn Edge, Chelsea McDonagh and Prof Frank Keating.

Wednesday 18 November 2020

Register here to attend



University of Young Person Survey - Digital BRISTOL Technology and Mental Wellbeing

for Health Research

Elizabeth Blackwell Institute Aged between 14 and 24 years and using social media, apps, or other digital technology to help with your mental wellbeing?

> Researchers at the University of Bristol are keen to hear from young people on how they use digital technology to support mental wellbeing and thoughts about talking with doctors or other mental health professionals about online experiences.

To complete this anonymous survey, visit here

Participants under 16 will need their parent/ responsible adult to agree to them taking part by clicking a box at the start of the survey.

All completed responses will be entered for a £50 prize draw.



VAMHN Small Grant Competition Launch

The UKRI Violence, Abuse and Mental Health Network have launched their second funding call for small projects up to £25k, on the theme of violence, abuse and mental health.

Applications are welcomed from a broad range of disciplines and the network expect the meaningful involvement of survivors and of third sector organisations within all applications.

Applications are now open and close at **5pm** on **11** December 2020.

Full details on how to apply, including FAQs and call specifications, can be found here.

Information on projects funded via the first funding call can be found here.

Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.