



Network News - December

Welcome to **Network News**, our update from the Emerging Minds Network.

This is our final newsletter of the year but we still have lots of exciting news and opportunities to share including some events taking place in January - don't miss out!

As 2020 draws to a close we wanted to thank you and acknowledge the extraordinary work that members of the Emerging Minds Network have done to support children & young people with their mental health.

Please also accept our best wishes for a happy new year, here's to 2021!

Debating Mental Health

Thanks to funding from the University of Oxford Public Engagement in Research Seed Fund, we recently partnered with **Debating Mental Health** and **Didcot Girls School**. As part of this programme, we held a virtual event where a group of young women aged 13 and 14 debated whether we can build a mentally healthy world post COVID-19.

In his [guest blog](#), Jawwad Mustafa tells us more about what these young people had to say.



[Voices, Power & Attitudes](#)

Our Emerging Minds intern Fiyory is still busy working away on our Voices, Power & Attitudes research challenge. Fiyory is working on a rapid scoping review to look at previous research focused on the effect of racism on children & young people's mental health in the UK specifically.



We have officially set our dates for [the Voices, Powers and Attitudes challenge events](#) in January! These meetings will focus on identifying priorities for research asking the question:

What do we need to know to make a change on racism and children & young people's mental health?

[Click here for more details and for how to register](#)

Members Survey - the results!

We recently held a network survey to mark the midway point in our funding. A big thank you to everyone who filled in the questions - it has been a wonderful opportunity to hear from our members about what you all feel is going well and what we can do to make Emerging Minds as effective as possible over the next few years.



For more details, visit our [website](#)

[Co-RAY webinar recording](#)

In case you weren't able to join us on December 2, we have shared [the recordings from our webinar](#) discussing the priorities for supporting 11-16 year olds with their mental health right now.



As well as the presentations, we have also shared the presentation slides, recommended resources and images from artist Tom Bailey to capture the discussion.

The next stage of the project is to work with a range of partners including Headliners (UK) Fully Focused Productions, BBC Bitesize and the University of Reading design school to coproduce evidence based resources with and for young people. Contact us at coray@psych.ox.ac.uk to get involved.

Save the Date - Conference 1-3 March 2021

We are delighted to be working with the Policy Institute and the Centre for Society & Mental Health at Kings College London to organise a free conference from 1 – 3 March 2021 focused on **'Youth Mental Health & COVID-19 - What do we know and what should we do?'**



[Click here to visit our website for more details](#)

Email info@emergingminds.org.uk to register your interest

Opportunities for researchers, practitioners, young people and families



Deadline approaching: Communications Vacancy

The McPin Foundation is looking for someone with digital skills and an interest in mental health research to join the Mental Health Research Networks Coordination Team:

Senior Digital Communications Co-ordinator
Type: Fixed term for 2 years
Location: Working remotely
Salary: £31,500 per annum FTE
Hours: 37.5 hours a week

For more information and how to reply, visit this link:
<https://mcpin.org/get-involved/vacancies>

Closing Date for Applications is 21 December 2020

Deadline approaching: Postdoctoral Researcher



NUI Galway
OÉ Gaillimh

NUI Galway are seeking an enthusiastic and committed postdoctoral researcher for the new HRB funded PSYCHE program entitled "**Improving Psychosocial Supports for Youth Mental Health**"

[Click here to download more information and full details on how to apply](#)

Closing Date for Applications is 21 December 2020



Economic
and Social
Research Council

Call for new members of ESRC Strategic Advisory Network (SAN)

The Economic and Social Research Council (ESRC) is seeking to recruit up to 19 new members from across ESRC's stakeholder groups for the Strategic Advisory Network (SAN), to provide credible advice and strategic insight into ESRC policy and programme development.

[Click this link for more information on how to apply and to download the application form](#)

Closing Date for Applications is 19 January 2021



The University of
Nottingham

Young People Advisory Group

Would you like to influence the next generation of research in Digital Mental Health?

We are looking for young people, 16-25 years of age, to become members of a national **Youth People Advisory Group**.

This advisory board will be chaired by a young person and mentorship and support will be available. No previous experience required.

Your time will be compensated, and your opinion will shape a funding proposal titled: Adolescents Mental Health in the Digital World'.

If you would like to hear more, please contact Dr Elvira Perez at Nottingham University
elvira.perez@nottingham.ac.uk



Embedding Evidence & Research to Improve Children & Young People's Mental Health Services

The NIHR are looking for clinicians, managers, commissioners or policy makers to assist in a short survey to inform a research application relating to how they can better implement, research, evidence and knowledge to improve children and young people's mental health services. The survey is expected to take no longer than 5 minutes to complete.

[Click this link to participate](#)



CAMHS around the Campfire

As part of ACAMH's vision to share best evidence and improve practice, they are launching 'CAMHS around the Campfire', a free live online journal club, run with André Tomlin, the [Mental Elf](#). The next meeting in January will be on **Voice Hearing in Adolescence**.

[Click here for more details and how to join](#)



Elizabeth Blackwell Institute
for Health Research

How should mental health professionals talk to young people about their technology use during consultations? Clinicians' views

Discussing young people's online activities can be important when exploring mental health and assessing risk. However, there is uncertainty among some clinicians about how best to do this. The University of are conducting Delphi research to develop guidance for clinicians. They are keen to hear from a range of clinicians working in young people's services who will agree to complete their online questionnaires.

For further details about the study, please contact:
Dr Lucy Biddle: lucy.biddle@bristol.ac.uk or Dr Jane Derges: jane.derges@bristol.ac.uk

[Click this SurveyMonkey link to participate](#)