



Network News - February

Welcome to [Network News](#), our update from the Emerging Minds Network.

We have a lot to update you about in this month's issue of network news - read on to find out about our recent events, upcoming conference and other opportunities heading this way!

Introducing the Special Interest Research Groups

We are happy to support a fantastic set of new collaborations to get started this year. If you are interested in any of these research areas, it's easy to get involved!

Check out the introduction videos and information on the Special Interest Research Group webpage.

<https://emergingminds.org.uk/join-a-sirg>

Each Special Interest Research Group (SIRG) is organised by a coordinating team including researchers, young people and charity partners, and they aim to facilitate new research studies in priority areas.

Every SIRG is open to new members, individuals, and organisation partners.

If you have a research idea related to any of the group themes, or if you want to share your expertise and collaborate, take a look and get in touch with the groups.



Priority Setting Workshop:

Racism & mental health of children & young people: what do we need to know to make a difference?



We are delighted to share recordings, downloads and visual responses to our recent workshop with those who support children & young people who are affected by racism to set priorities on how to tackle our Voices, Power & Attitudes Research challenge.

[Click here to visit the webpage to access the recordings and downloads \(link\)](#)

We are currently writing up our findings as we prepare to launch our second funding call which will invite research teams working across disciplines and sectors to address the priorities identified through this work.

You can also find out more about our findings so far, from our intern Fiyory Ghezae's recent blog:

<https://www.psy.ox.ac.uk/news/read-our-blogs/racism-is-racism-the-impact-of-201cevery-day201d-racism-on-the-mental-health-of-young-people>

Register - Conference 1-3 March 2021

There is still time to register for our free conference on 1 – 3 March 2021 focused on '**Youth Mental Health & COVID-19 - What do we know and what should we do?**'

[Click here to visit our website to find out more and to register](#)

We are delighted to be working with the Policy Institute and the Centre for Society & Mental Health at Kings College London as well as the Mental Elf.

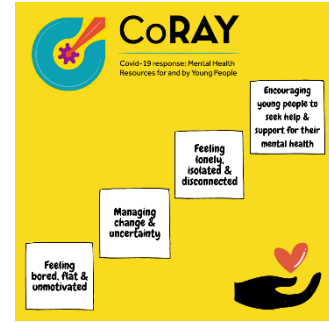


Co-RAY Evidence Briefings for those supporting children & young people

Our Co-RAY project has identified four key priority areas which 11 – 16 year olds would like more support with right now. Our partners, Fully Focused Productions, Headliners UK and BBC Bitesize, will be working with young people to co-produce resources for young people addressing these topics.

We have produced a set of [briefings](#) for those supporting young people produced in collaboration with research and clinical experts.

[Click here to visit the page to download these PDF briefings \(link\)](#)



Co-RAY Research Evidence Synthesis

We have also produced a summary of evidence on the effects of the first part of the pandemic on the mental health and wellbeing of young people aged 11-16 years old. We will continue to update as new findings emerge over the course of the pandemic.

[Click here to visit the webpage to watch our presentation \(link\)](#)



Co-SPACE Parent Stress Report

We recently released our report, 'Changes in parents' mental health symptoms and stressors (Jan 2021)' with findings that levels of stress, depression and anxiety among parents and carers have increased with the pressures of lockdown.

[Click here for for more information and or to download the full report and press release \(link\)](#)

Many more reports and pre-prints/publications can also be found at <https://cospaceoxford.org/findings/>



Opportunities for researchers, practitioners, young people and families

Funding Opportunities



The Kavli Trust

[The Kavli Trust Programme on Health Research](#) have released their 2021 Call for Proposals. NOK 20M will be awarded to research projects addressing selected evidence gaps in child and adolescent mental health.

[Click here to read more about the evidence gaps and the selection process](#)

The [online application form](#) is now open and the deadline is **March 15th 2021**



Joint NIHR / WWCSO funding

[What Works for Children's Social Care](#) has announced joint funding with [NIHR](#). They are looking to fund the implementation and evaluation of interventions to improve the mental health of children with a social worker.

You can find info here: <https://whatworks-csc.org.uk/funding/>

Deadline for short summaries **26 February 2021 5pm**

Wellcome Trust



Wellcome Trust are delighted to announce the launch of their [Active Ingredients 2021 Request for Proposals](#).

This is their second exploring 'Active Ingredients' - the aspects of interventions that really make a difference to prevent, treat and manage anxiety and/or depression in young people (aged 14-24) worldwide. [Selected findings from the 2020 commission can be found here](#).

They now seek to commission up to 20 teams to review one Active Ingredient not included in those reviewed in

2020. The commission will be undertaken June-November 2021.

[Click here for more information and to download supporting documentation](#)

In interested, please contact activeingredients@wellcome.org



Student Minds: Impact Evaluation Opportunity

Student Minds, the UK's student mental health charity, has opened a tender to evaluate the impact of the UK-wide [University Mental Health Charter](#) programme.

The Charter has the potential to improve mental health outcomes for over 2.5million staff and students.

The tender closes on **Monday 22nd February**

[Click here to visittheir website for more information](#)

Research-driven Resources

Loneliness and Reconnection guide



[Dr Maria Loades](#), who leads the Lab for Adolescent Mood Problems within the [Child Mental Health and Development](#) research group, together with [Dr Ola Demkowicz](#) and [Professor Pamela Qualter](#) from the University of Manchester and [Professor Roz Shafran](#) from University College London have developed these guidelines, aimed at those who support young people, including parents/ caregivers and teachers.

The guide

- summarises the signs of loneliness
- the impact of COVID-19 related lockdowns
- things that help

[Download the Loneliness and Reconnection guide \(PDF\)](#)

You can also take a [brief feedback survey](#) to let the team behind it know what you think of the resource



Teenagers' Experiences of Life in Lockdown (TELL)

The TELL Study (Teenagers' Experiences of Life in Lockdown) have released a new short film sharing their research findings.

The film explores some of the challenges faced by 16- to 19-year-olds in lockdown, how they have been coping, and shares teenagers' own advice for others caring for their wellbeing in lockdown.

It is the hope of the TELL Study that the film can offer a way to support conversation and reflection with teenagers about their experiences in lockdown and how they are feeling and managing.

The film is available to view
www.seed.manchester.ac.uk/tell



Aardman launches campaign to tackle growing mental health concerns among young people

Aardman has joined forces with leading researchers and mental health charities on a campaign developed to encourage young people to become more aware of the factors that may be having a negative impact on their mental wellbeing.

Called 'What's Up With Everyone?', the campaign sees the launch of a series of short films aimed at young people aged 17-24, and has been uniquely co-created with the young audience it sets out to support, ensuring it has an authentic voice and is genuinely representative of the challenges to mental wellbeing faced by the demographic.

For more on the background of the project, visit
<https://www.aardman.com/aardman-campaign-mental-health-young-people/>

To find out more about the campaign, visit:
Website: <http://www.whatsupwitheveryone.com/>
Facebook: [/WhatsUpWithEveryone](https://www.facebook.com/WhatsUpWithEveryone)
Instagram: [@WhatsUpWithEveryone](https://www.instagram.com/WhatsUpWithEveryone)
Twitter: [@ WhatsUpWith](https://twitter.com/WhatsUpWith)
TikTok: [@WhatsUpWithEvery1](https://www.tiktok.com/@WhatsUpWithEvery1)

Training and development opportunities



Incubator for Mental Health Research

<https://mentalhealthresearch.org.uk/>

We recommend this new website to help guide you through your options in mental health research, sign-posting mentoring, internships, funding and training opportunities - for people at every career stage. If you are active in mental health research, please do also put yourself on the map.

VAMHN Network Meeting - 8th March



The Violence, Abuse and Mental Health Network are hosting their fourth network meeting webinar on **8 March 2021: 1.30-3.30pm**

- During this meeting, they will launch their third grant call on the theme of **Interventions**
- They will welcome their keynote speaker Dr Emma Howarth (University of East London) who plans to speak on evidence and practice in relation to children: gaps, challenges and opportunities
- Discussing work they have been doing with Survivors' Voices and the McPin Foundation
- Running breakout sessions to encourage networking
- Flagging upcoming opportunities and projects within the network

To book a free place with this session, please visit this link:

<https://www.eventbrite.co.uk/e/violence-abuse-and-mental-health-network-meeting-tickets-141289549847>

ECR Lunchtime Seminar Series: How to Engage with the Media



A recording is available from the VAMHN's first webinar in their Early Career Researcher lunchtime seminar series on how to engage with the media as a researcher. [Click here to access the webinar recording \(link\)](#)

The next seminar will be on

"How to engage with policy" - 17 March 2021: 12-1.30pm

Registration is not yet open but you can visit the below link to keep up to date:

[Click to access details about upcoming events \(link\)](#)