

NOT HAVING TO TELL MY STORY OVER & OVER TO EVER CHANGING PROFESSIONALS

ACTUALLY HELP ME DON'T TRY TO CONVINCE BOTH OF US THAT YOU ARE...



SOMEONE WHO BELIEVES IN ME

NOT HAVING TO TAKE CARE of the PROFESSIONAL WHEN THEY'RE SHOCKED BY MY STORY

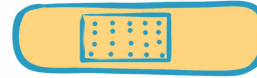


DON'T PANIC! IF YOU DON'T KNOW THE ANSWER JUST SAY SO...



DON'T JUST OFFER QUICK FIXES I'VE HEARD IT BEFORE!

& USE THESE ALREADY



HELP ME!

I SHOULDN'T HAVE TO GET REALLY ILL BEFORE I GET SUPPORT

# WHAT WOULD GOOD SUPPORT LOOK LIKE & INCLUDE?



For young people with multi-sensory experiences

## UNDERSTAND

- THAT IT'S REALLY HARD TO ARTICULATE WHAT I'M EXPERIENCING
- THAT PROFESSIONALS ARE DAUNTING
- THAT I'VE HAD BAD EXPERIENCES WITH PROFESSIONALS
- THAT IT'S SO EASY TO MISINTERPRET WHAT I'M SAYING

LISTEN? DON'T DISMISS ME OFF-HAND

SILENCE can be POWERFUL

TIME TO THINK

ASK ME.....

Do you want COMFORT or a SOLUTION



GIVE ME TIME & SPACE

- A PRIVATE PLACE



BE HUMAN

★ Humility

DON'T MAKE ME FEEL LIKE I'M A BURDEN



SARAH PARRY @dr Sarah parry

PAUL FRENCH @pfrench 123

FIONA MALPASS SARAH MORGAN @voice collective



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★ MANY CHILDREN HEAR VOICES OR SEE VISIONS OTHER'S DON'T, OR HAVE OTHER 'UNUSUAL' SENSORY EXPERIENCES OR BELIEFS