



## Network News - May

Welcome to [Network News](#), our update from the Emerging Minds Network.

Spring is here! And with it are lots of exciting opportunities that we can't wait to share with you!

### Special Interest Research Groups - News!

**Do you have interests in mental health research focusing on mental health in the Early Years, or Young Adults (18-25).**

Emerging Minds is launching its second call for Special Interest Research Groups (SIRGs) in one of these specific areas.

SIRGs bring together young people, researchers, practitioners and the charity sector, building bridges between different types of expertise to drive relevant research towards positive change.

We are seeking passionate people from a range of backgrounds and sectors to grow new SIRGs. Groups are awarded up to **£1500** for lived experience involvement to support them in their planned activities and will join a supportive network of other SIRG coordinators.

If you are interested in a coordinating role in any of these areas, get in touch to express your interest by **Thursday 10 June 2021** on the form below:

<https://emergingminds.org.uk/expression-of-interest/>

The application deadline is 1 July 2021.

For further details and how to apply, visit the link below:

<https://emergingminds.org.uk/emerging-minds-special-interest-research-groups/>



## Co-SPACE news

It's a little over a year since we launched the Co-SPACE study.

In our latest report, we found that Co-SPACE children and young people experienced the highest levels of mental health issues in June 2020 and February 2021, when restrictions were most stringent.

Since schools reopened and restrictions started easing, average mental health difficulties have decreased again.

However, children with Special Educational Needs/ Neurodevelopmental Conditions were reported to experience continuously elevated mental health difficulties.

Moving forward, it will be crucial to prioritise children and young people's wellbeing, and in particular, identify those who continue to experience significant difficulties.

For more information and to read the full report, visit this link:  
<http://cospaceoxford.org/findings/report-10-changes-in-childrens-mental-health-throughout-one-year-of-the-covid-19-pandemic/>



## Co-RAY news

We are running a short priority setting activity for young people aged 11-16 to tell us what they think young people would like help and support with over the next few months.

Young people can complete the activity here:  
[https://oxfordxpsy.az1.qualtrics.com/jfe/form/SV\\_9FS3DHxw0R355Do](https://oxfordxpsy.az1.qualtrics.com/jfe/form/SV_9FS3DHxw0R355Do)

The activity is open until the end of May 2021, and is a chance for young people (aged 11-16) to tell us what areas of mental health and wellbeing they think young people would like help and support with now and over the next year. This will help us to ensure the mental health and wellbeing resources we produce in the CoRAY project are as relevant and helpful as possible for young people.

For further details about the CoRAY project and how it has been supported and funded, check out our introduction page:  
<https://emergingminds.org.uk/co-ray-project/>

If you work with young people aged 11-16 and are interested in running this as a group or in person activity, please email [coray@psych.ox.ac.uk](mailto:coray@psych.ox.ac.uk) and we will send you the materials.



## **Paid Intern roles**

### **Paid Internship: Emerging Minds Investigator £11.81 per hour – Closing date 9am 21 May 2021**

There is still one more week to go until the deadline for our intern position.

We are seeking an intern to help us enable research relating to our research challenge focused on how we implement effective promotion of good mental health, prevention and early treatment for mental health problems at scale amongst children and young people. In particular:

- Why even when we know 'what works' isn't this necessarily implemented in policy and practice?
- How do we improve evidence-based decision making? E.g.: How can we successfully inform commissioning decisions and policy making and how can we ultimately increase implementation of research into practice?

This internship role will involve conducting a rapid review of the existing evidence on the questions above and identify gaps/ priorities for research to address. This will involve supporting virtual events, reviewing existing research to explore what researchers have already published on this topic and helping to share your findings.

### **Paid Internship: Emerging Minds Design Research and Practice Investigator. £11.81 per hour – Closing date 9am 28 May**

This internship will focus on how encouraging and enabling research into how design research and practice is being used to effectively promote good mental health, prevention and early treatment for mental health problems at scale amongst children & young people.

The internship will involve identifying design-led projects and resources that have been co-designed, co-created or made in participation with young people. This work will feed into a toolkit comprising resources, ideas and recommendations for ongoing work.

For further details and on how to apply, please follow the link below:  
<https://www.psych.ox.ac.uk/work-with-us/jobs>

## Second funding call

It's only one month now until the deadline for applications for our second funding call!

We were very excited to read the expressions of interest and to find out more about people's planned project ideas. However, this was an optional stage so there is still plenty of time if you have a proposal and would like to apply.



For more information and to download the documents on how to apply, please visit the link below:

<https://emergingminds.org.uk/funding-call-2/>

## Mental Health Research Incubator

The mental health research incubator supports ambitious people who are exploring opportunities in mental health research. Whether you are a clinician or an economist, a data scientist or a therapist, you have a lot you can bring to mental health research.

You may be based in primary care, social care, applied health, public health or other settings. The Mental Health Research Incubator website guides you through your options in research, sign-posting mentoring, internships, funding and training opportunities - for people at every career stage.



To find out more and register, visit the link below:

<https://mentalhealthresearch.org.uk/>

## Research Showcase

For this month, we are highlighting this paper authored by some of our Emerging Minds Advisors which comments on the Mental Health Research Goals published this week in the Journal of Mental Health. This commentary emphasises the importance of the involvement of young people at all stages of mental health research with a particular focus on young people from minoritised backgrounds.

### **Amplifying the voices of young people from Black, Asian and other minority ethnic backgrounds in mental health research**

The authors are our Emerging Minds Advisors, Adenike Adebisi, Fiyory Ghezze and Jawwad Mustafa. In their paper, they highlight implications of the work from [our research challenge on the impact of racism on young people's mental health in the UK](#), which has implications for research on racism and youth mental health specifically but also mental health research generally.

To read the paper in full, please visit the link below:

<https://www.tandfonline.com/doi/full/10.1080/09638237.2021.1898564>

If you would like your research to be included in a future edition, please do get in touch!

## Opportunities

### Emerging Minds Special Interest Research Group News



#### **Embracing Complexity in Neurodevelopmental Conditions and Mental Health: Applications now open**

For children and young people with neurodevelopmental conditions, mental ill-health is the norm, not the exception. Yet we still know little about preventing and treating mental health conditions in this group, who are frequently excluded from research.

This new Special Interest Research Group (SIRG), Embracing Complexity in Neurodevelopmental Conditions and Mental Health, will bring together people with neurodevelopmental conditions, carers, researchers and charities to address this gap and ensure that research really benefits those who think differently.

#### **Applications to join this SIRG now open!**

The group wants to bring together people with neurodevelopmental conditions, their families and carers, researchers and professionals to ensure that research really benefits those who think differently.

SIRG members will meet (virtually) on a monthly basis to develop and give feedback on research ideas and funding applications.

If you'd like to get involved, please e-mail your application to [Georgia.Harper@autistica.org.uk](mailto:Georgia.Harper@autistica.org.uk) by **Friday 4 June 2021**.

For more information, you can follow this link to visit their website:

<https://embracingcomplexity.org.uk/news/special-interest-research-group-applications-now-open>

It does not matter if you have not done research before - the group wants their members to have lots of different skills and experiences.



People in Health  
West of England

## **Training & development opportunities**

### **New workshop: Introduction to public involvement in research for members of the public**

When: **Friday 21 May 2021 10am-1.15pm**

For: Anyone who is interested in getting involved in research as a member of the public, or who has recently got involved. This includes patients, service users, family members, carers, and community members. We call anyone who gets involved in research 'public contributors'.

What: An interactive morning workshop online. The workshop will introduce public involvement in health and social care research, including what would be expected of you and what you can expect from others. Some of the sessions will be:

- Discussing a possible research topic
- Expectations and practical information
- Tips from experienced public contributors
- Getting feedback and knowing what difference you've made

For more information and to book a place for this free online event, please follow the link below:

<http://www.phwe.org.uk/event-old/introduction-to-public-involvement-in-research-for-members-of-the-public/>

### **Addressing loneliness in emerging adulthood: Online workshop 2-4pm on 9th June 2021**

[The Loneliness & Social Isolation in Mental Health Research Network \(LSIMHRN\)](#) and [the NIHR School for Public Health Research \(SPHR\)](#) public mental health programme, in collaboration with [TRIUMPH](#), [Emerging Minds](#) and [SMaRteN](#), are hosting an online workshop to identify what we still need to know about tackling loneliness in 16-25 year olds. In the lead up to the workshop we're running a short survey to identify research gaps - please take 5 mins to let us what research you think is needed by completing the survey [here](#)

The workshop will involve short talks and we'll share the results of the survey to spark discussion in small groups. More info and registration [here](#)

## **CAMHS around the Campfire**



As part of ACAMH's vision to share best evidence and improve practice, they are continuing 'CAMHS around the Campfire', a free live online journal club, run with André Tomlin, the [Mental Elf](#).

The next meeting on **25 May 2021** at **5pm** will be on **ADHD in CYP with autism, and pharmacological treatment**

For more details and how to join:

<https://www.acamh.org/event/camhscampfire-adhd-asd-pharma/>



Public Health  
England

## **New Psychological First Aid training for supporting children and young people affected by emergencies and crisis situations including the COVID-19 pandemic**

PHE has launched [a new psychological first aid \(PFA\) online training course](#) to help support children and young people that have been affected by emergencies like the COVID-19 pandemic.

It is available for all frontline workers such as teachers, health and social workers, charity and community volunteers and anyone who cares for or is regularly in contact with children and young people aged up to 25, including parents and caregivers.

Those completing the training will be equipped to better identify those children that are in distress and provide support to help them feel safe, connected and able to take steps to help themselves during the pandemic or other crisis situations. The course is free, takes up to three hours to complete (that the learner can complete at their own pace) and no previous qualifications are required.

PFA is a globally recognised training programme for emergency situations and PHE has developed this new course with input and advice from a range of experts, government and charitable organisations via an advisory group which includes NHS England, the Department for Education, British Red Cross and in partnership with FutureLearn.

# Funding Opportunities

## Mind Our Future - launching soon



Mind Our Future will be open for applications in late Spring 2021. In the meantime, they want to share with you some information about their research, their approach, and what young people want to see from good projects so you can start thinking about how you could work with young people on a project.

You can find out more by watching an information video from one of their young people partners:

<https://www.youtube.com/watch?v=TytqsQRVWJE>

**When:** Launching late Spring with information events on June 8th, 14th, and 23rd, and July 2nd and 8th.

**Area:** Wales

**Suitable for:** Partnerships must include at least one voluntary public sector organisation

You can keep up with when Mind Our Future launches by signing up to their [newsletter](#) or following them on social media on [Facebook](#) or [Twitter](#).

## NIHR Public Health Research Programme



[Application Development Award - Mental health and wellbeing among young women](#)

The Public Health Research (PHR) Programme is accepting Stage 2 applications to this Application Development Award, for mental health and wellbeing among young women.

This award will underpin development work, to support a later application to a future commissioned call, on mental health and wellbeing among young women aged 12-24.

Award opens 25 March 2021 and closes **12 August 2021 - 1pm**

For more information and to download the supporting documentation:

<https://www.nihr.ac.uk/funding/2136-application-development-award-mental-health-and-wellbeing-among-young-women/27276>



For more information and a list of all current funding opportunities, please visit the NIHR website here:

<https://www.nihr.ac.uk/researchers/funding-opportunities/>

## Useful Resources

### The Mental Health Patterns Library is launching!

The Mental Health Patterns Library is a free, open-source platform for anyone involved in delivering mental health products and services - powered by Snook and Barnardo's supported by Public Policy Lab.

snook Barnardo's NOMINET

**MENTAL HEALTH PATTERNS**

OFFICIAL ONLINE LAUNCH EVENT - MAY 20, 2021 - 11AM GMT

The Mental Health Patterns Library will be launching online on **May 20 2021 11am-12pm**.

During this event, Chris Ashworth from Nominet and Sarah Drummond from Snook will be joined by the core team from Barnardo's who worked with them on the library - Tom Norman, Rhiannon Creasey and Henry Naylor-Stead.

They will discuss:

- The vision - how and why they worked together to build it.
- What it's for and how to use it.
- How you can contribute to its growth so that it reaches its full potential as a global resource for those involved in delivering mental health support.

To find out more and book a place on the event:

<https://www.eventbrite.co.uk/e/mental-health-patterns-library-launch-tickets-152701956663?aff=erelexpmlt>



CO-DESIGN WORKSHOP - JUNE 16, 2021 - 2PM GMT

On **June 12 2021**, the team behind the Mental Health Patterns library will be hosting a half-day co-design workshop for anyone who'd like to contribute to the library.

What to expect:

- This will be a hands-on, interactive session
- The aim is to work together to collect and build more patterns, examples and evidence to bolster the library

To find out more and book a place for the event:

<https://www.eventbrite.co.uk/e/mental-health-patterns-library-co-design-workshop-tickets-152851203063>

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