



Emerging Minds

Network News: October

Welcome to Network News, our update from the Emerging Minds Network.



This month ...

We have lots to share with you, including:

- Details and recordings from our webinar to launch our third and final **funding call**
- Did you miss out on the first meeting from our **Emerging Minds Open Lab**? Catch up on the website!
- Exciting new info about our **Emerging Minds Early Career Researcher Development Programme** for 2022.



Emerging Minds News



Funding call webinar

On 27 September 2021, we held an [information webinar to launch our third funding call](#). We heard from a variety of speakers who had undertaken research related to our [Big Question Research Challenge](#), our focus for this final round of funding.

[Abi Thomson](#) from Emerging Minds presented findings from a rapid scoping review of research exploring the barriers and facilitators of implementation within community and school settings.

Araminta Peters-Corbett from Norfolk and Suffolk NHS Foundation Trust and coordinator of our [Emerging Minds BRIDGE special interest research](#) group also presented the results of her review exploring barriers and facilitators for practitioners and clinicians.

We also heard from Dr Holly Bear of the University of Oxford, who has been carrying out research into the implementation of mental health apps for young people.

You can catch up with these presentations and download the related slides here: <https://emergingminds.org.uk/third-funding-call-information-webinar/>



Funding call: expression of interest

You can now express interest in our funding call and tell us a little bit about your area of research interest.

While this is entirely optional, we do encourage applicants to do so as it gives an opportunity for early feedback and to link people up with others who have similar interests.

The deadline to express interest is **October 29 2021** and we will provide feedback by **November 8 2021**.

The online form to express interest can be found here: <https://emergingminds.org.uk/expression-of-interest/>

Full details on the timeline and deadlines around our funding call are available on the link below, where you can also download the supporting documents including the application form: <https://emergingminds.org.uk/funding-call-3>



Grow: Emerging Minds Researcher Development programme

Are you:

- Ready to reflect on your professional development and identify and work towards new professional goals?
- Curious about working across disciplines and sectors?
- Interested to meet peers from across the UK and form new collaborations and support each other?

Our new development programme for Early Career Researchers based in the UK will:

- Develop a network of researchers focused on children & young people's mental health, who can support each other in 2022 and beyond the life of the network.
- Support the professional development of researchers taking part so they can work towards and achieve professional goals they set themselves.
- Support participating researchers to develop the networks, skills and experience to work across sectors and disciplines to make a difference to children & young people's mental health.

To find out more about this opportunity and download the application form, visit the link below:

<https://emergingminds.org.uk/grow-researcher-development-programme/>

Deadline: **Monday 22 November 2021**



Youth Mental Health and Covid-19: How can we build back fairer?

Following "[Youth Mental Health and Covid-19](#)", a conference we delivered in partnership with the ESRC Centre for Society and Mental Health and The Policy Institute, a policy lab was held to identify the most pressing challenges for children and young people's mental health and what we can do to "build back fairer" over the short, medium, and long-term.

To download the briefing note of the key points of discussion, visit the link below:

<https://www.kcl.ac.uk/youth-mental-health-and-covid-19>



Open Lab: October

We hosted our first Open Lab meeting on Thursday 7 October. Our topic was perinatal and infant mental health and we were joined by speakers Professor Pasco Fearon and Rachael Loftus as well as a

wonderful group of network members.

We had some really interesting chat in the break out groups after the presentations - the hour simply flew by!

If you missed out on the session, you can catch the presentations here:

<https://emergingminds.org.uk/open-lab-meeting-october/>



Open Lab
Emerging Minds

Open Lab: November

You can find our more details about upcoming Open Lab meetings here: emergingminds.org.uk/openlab

Thursday 4 November 2021 1-2pm

How can design bring us together to improve children and young people's mental health?

This session will focus on collaborative ways of working. Emerging Minds recent intern [Keili Koppel](#) will give a short presentation on how design research and practice brings stakeholders together to explore children and young people's mental health, its challenges and possibilities.

The presentation will be followed by an activity-mediated discussion in small groups where we will explore what our shared, collaborative working environment might be like.

Keili has a master's degree in design innovation & environmental design from the Glasgow School of Art. She is interested in design as a form of inquiry, collaborative approaches, and creative engagement.

To register for this free event, please visit the Zoom link below:

<https://medsci.zoom.us/meeting/register/tJAldu6sqjstGd1VHrWNSyzBDINx55Gsm-Su>

How can design bring us together to improve children and young people's mental health?

November 4 2021 – 1-2pm

Speaker: Keili Koppel

Join us for informal discussions and to meet other network members

More info: emergingminds.org.uk/openlab



Monthly
Zoom
Meetings on
Thursdays
1-2pm.

Research Showcase



The chronicity and timing of prenatal and antenatal maternal depression and anxiety on child outcomes at age 5

Following on from our recent Open Lab meeting, we wanted to highlight a paper mentioned by one of our speakers, Professor Pasco Fearon. He was one of the co-authors on this piece which examines the timing of maternal depression on child outcomes.

While maternal depression and anxiety have been associated with poorer child outcomes, it has been unclear how the timing of these maternal mental health problems predict child development outcomes.

This study's aim was to assess the effect of both timing and chronicity of maternal anxiety and depression on children by age 5.

To access the paper, visit the link below:

<https://onlinelibrary.wiley.com/doi/full/10.1002/da.23039>



News from beyond the Network



Opportunities



**UK Research
and Innovation**



Funding call: Advancing adolescent mental health and wellbeing research

Apply for funding to help improve research in the field of 'adolescence, mental health and the developing mind' through:

- methodological innovation
- capability building.

You can be researcher at any career stage who is:

- within the remit of AHRC, ESRC or MRC
- based in the UK
- from a UK research organisation eligible for UKRI funding.

Your project must focus on research with adolescents and young people. You could:

- improve existing research methods, concepts, tools or measures
- identify innovative new approaches.

Interest in Joining the Adolescent Advisory Group

The Adolescent Mental Health Advisory Group will be made up of young people aged between **12 and 17** with experience of mental health issues.

To express interest and provide your contact details, please visit this SurveyMonkey link: <https://www.surveymonkey.co.uk/r/interestADO>

The main purpose of the group is to help improve the quality of mental health research studies. Meetings will be held every 8 weeks during school holidays.

All reasonable travel expenses will be covered and lunch will be provided (if/when meetings are face-to-face).

Please share this opportunity among your networks. If you have any questions for the team, you can contact them at ado-advisorygroup@kcl.ac.uk

For full details, visit this link:
[UKRI funding call - advancing mental health and well-being research](#)



Call for applications: NIHR Three Research Schools Mental Health Practice Evaluation Scheme

The NIHR Schools for Primary Care Research (SPCR), Public Health Research (SPHR) and Social Care Research (SSCR) (“three Schools”) have joined together in a unique collaboration between leading academic centres in England to collaborate on an ambitious programme of collaborative research to improve mental health and wellbeing in underserved populations.

Deadline for full applications is
5pm Friday 5th November 2021

For more details of the scheme and to download relevant documents, visit the link below:
<https://sphr.nihr.ac.uk/news-and-events/news/call-for-applications-nihr-three-research-schools-mental-health-practice-evaluation-scheme-deadline-for-eoi-8th-october-2021/>



Celebrating the March Network: an online showcase

Wednesday 13 October 2021 9am-3.30pm

The [MARCH Network](#) set out to transform our understanding of how social, cultural and community assets enhance public mental health and wellbeing, help prevent mental illness, and support those living with mental health conditions.

With their network coming to an end, they are hosting an online event to celebrate the work they have done together. They will also discuss the initiatives which will carry forward further research in the future.

To register for this free event, visit the link below:
<https://www.eventbrite.co.uk/e/celebrating-the-march-network-an-online-showcase-tickets-170285379153>



REACH Festival for Young People

**Wednesday 27 October 2021 11am-5pm
(in-person event)**

The REACH ([Risk, Resilience, Ethnicity, and AdolesCent Mental Health](#)) team at King's College London have been working closely with young people from diverse and disadvantaged backgrounds in south London to support mental health in contexts of poverty, racism, and discrimination. Their research shows that 1 in 5 young people in south London experience mental health problems – much higher than the national average of 1 in 10.

They are bringing young people together to discuss their experiences during the pandemic and, most importantly, what is now needed to enable young people to thrive.

To find out more about the event, visit this link:

<https://www.thereachstudy.com/festival-for-young-people-2021.html>

To register for the event, visit the link below:

<https://www.eventbrite.co.uk/e/reach-festival-for-young-people-tickets-169444030657>



Resources



Conceptual Framework for Public Mental Health

What factors influence public mental health?

Public mental health affects us all – this new tool pulls together all the connected components in one visual framework

As part of the NIHR School for Public Health Research's [Public Mental Health Programme](#), a research team – led by UCL and the University of Cambridge, along with associates and collaborators from the McPin Foundation – set out to create a conceptual framework of public mental health by bringing together expertise from academics, practitioners, researchers with lived experience of mental health issues, and members of the general public.

For more information on this new tool, visit the link below:

<https://mcpin.org/visualising-public-mental-health/>

New YPMH report sets out new approaches to address depression in young people

A new report from The William Templeton Foundation for Young People's Mental Health (YPMH) describes new evidence-based approaches to the prevention, diagnosis and treatment of depression in young people.

[Changing Hearts, Changing Minds](#) is a new publication from YPMH that is the result of a two-year collaborative project with the University of Cambridge's Institute for Manufacturing (IfM) and its knowledge transfer company, IfM Engage.

To download the full report, visit the link below:

<https://www.vpmh.org/changing-hearts-changing-minds-september-2021/>



Contact us: info@emergingminds.org.uk

[Unsubscribe](#)

Registered company details