



Emerging Minds

Network News: November

Welcome to Network News, our update from the Emerging Minds Network.



This month ...

We have a lot going on at the minute and plenty for you to get involved in throughout winter ...

- **Open Lab Meeting:** December 7 2021
- **Grow Researcher Development Programme:** Deadline November 22 2021
- **Funding Call: The Big Question** - Deadline December 16 2021
- **Introducing our funding recipients** - Meet the successful applicants for our Voices, Power & Attitudes funding call
- **Youth Mental Health Policy Briefing:** Read about the briefing following our March 2021 conference
- **Co-RAY resource:** Info on our latest evidence-based resource for young people



Emerging Minds News



Open Lab Meeting

The third meeting of our Open Lab series is nearly here - don't forget to register!

📅 7 December

🕒 1-2pm

🔗 Zoom - Register here:

<https://medsci.zoom.us/meeting/register/tJ0lc-GhrTkpGtFSaFOcO2p0LnV7iOCR2ZbX>

Racism and children & young people's mental health in the UK

Speakers:

Dr Shioma-lei Craythorne – Aston University,

Dr Verity Jones – University of West of England,

Dr Yasmin Ahmadzadeh – Kings College London

This event gives a chance for the successful applicants from our second funding call to explain more about their research. To find out more about them, check out our Funding Recipients page:

<https://emergingminds.org.uk/funding-recipients/>

For more info on our Open Lab meeting series, visit the link below:

emergingminds.org.uk/openlab

Open Lab Meeting

December 7 2021 – 1-2pm

Monthly
Zoom
Meetings:
1-2pm

Speakers:

**Dr Shioma-lei Craythorne, Dr Verity Jones,
and Dr Yasmin Ahmadzadeh**

Join us for our Open Lab meeting
to meet other network members and have
informal discussions

More info: emergingminds.org.uk/openlab



Grow Researcher Development Programme

The deadline is quickly approaching for applications to our new **Grow Researcher Development Programme**

If you are a researcher based in the UK in any sector or specialism, we hope that you will consider applying!

We hope to develop a network of researchers focused on children and young adult's mental health to make a positive difference beyond the life of the network.

Deadline:

📅 22 November

🕒 9am

For more information and to download the application pack, visit emergingminds.org.uk/grow



Funding Call: The Big Question

Just a reminder that our Big Question funding call is now open!

We are aiming to answer the following research questions:

- Why even when we know 'what works' isn't this necessarily implemented in policy and practice?
- How do we improve evidence-based decision making? E.g.: How can we successfully inform commissioning decisions and policy making and how can we ultimately increase implementation of research into practice?

You can find out more about what we are looking for in this funding call by listening to this wonderful [episode of the Research Zone podcast](#) with our recent Emerging Minds intern Abi Thomson where she explains about some of the issues with research implementation [Listen to podcast episode \(hyperlink\)](#)

Deadline for funding applications:

📅 16 December

🕒 9am

To download the application pack and supporting documents, visit this link: [emergingminds.org.uk/funding-call-3](https://www.emergingminds.org.uk/funding-call-3)



Introducing our Funding Recipients

We are delighted to introduce the successful awardees from our second funding call, which focused on **Voices, Power & Attitudes**.

We invited proposals for research projects, addressing the following questions:

- What is the impact of racism on the mental health of children & young people in the UK.
- What interventions will be effective in addressing racism in ways that will benefit children and young people's mental health?

Transmission of experiences of racism, anxiety and depression in families (TRADE)

Dr Yasmin Ahmadzadeh, King's College London in partnership with the Centre for Mental Health

Understanding young people's experiences of racially-motivated appearance-focused (RMAF) bullying

Dr Shioma-Lei Craythorne, Lead Researcher and Research Fellow, Institute of Health & Neurodevelopment, Aston University

Improving wellbeing and mental health relating to racism in 10-11 year olds: a Bristol case study

Dr Verity Jones & team, University of the West of England, Bristol

You can also find out about recipients of funding from our first funding call by visiting this link: <https://emergingminds.org.uk/funding-recipients/>



Youth Mental Health: Policy Briefing

Following on from our March 2021 conference on **Youth Mental Health & COVID-19 - What do we know and what should we do?**, a team of researchers at King's College London and University of Oxford have released a policy briefing. This aims to highlight the multiple effects of the COVID-19 pandemic on children and young people as well as outline 14 steps that schools, mental health services and policy makers can take to help children and young people who have been affected by the COVID-19 pandemic.

For further information and to download the full briefing, please visit this link: <https://emergingminds.org.uk/youth-mental-health-policy-briefing/>



Co-RAY Resource

Thoughts and feelings getting you down? When to seek help

The CoRAY team have worked with BBC Bitesize to create a short film to support young who feel unsure about when to ask for help for their mental health, how to ask for it, and what kind of help is available.

It's based on an evidence informed briefing produced by researchers and clinicians as part of the [CoRAY project](#).

You can check it out here:

<https://www.bbc.co.uk/bitesize/articles/z8n7qfr>



Research Showcase



The acceptability of a therapist-assisted internet-delivered cognitive behaviour therapy program for the treatment of anxiety disorders in adolescents: a qualitative study

This qualitative study explores the experiences of young people receiving computerised treatments for anxiety disorders. The research was conducted by a team at the University of Reading Anxiety and Depression in Young people (AnDY) research clinic led by Dr Polly Waite. Two themes were identified; the usability of the program and how the techniques were put into practice. Although the convenience of the sessions was recognised as positive, many adolescents still stated a preference for face to face sessions.

To read the full article, visit this link:

<https://link.springer.com/content/pdf/10.1007/s00787-021-01903-6.pdf>



Special Interest Research Groups



SIRG coordinators meet mental health funders

Many of our Special Interest Research Group (SIRG) coordinators met the representatives from all the main mental health research funders – NIHR, UKRI, Wellcome Trust and MQ Mental Health – to discuss the current priorities in children and young people’s mental health research.

Coordinators were able to share with funders the outcomes of recent work they’ve been doing with young people, parents, carers, professionals and researchers who are all part of their SIRG networks – if you’d like the opportunity to be part of a SIRG, have a look at [all the Emerging Minds SIRGs](#) and join in! If you want to know more about the funding that’s available for children and young people’s mental health research, take a look at the [Mental Health Research Incubator’s listings of current funding calls](#).



News from beyond the Network

Opportunities



GM.Digital

Enhancing CAMHS Referral Project

GM. Digital wants to improve the success of referrals made to Child and Adolescent Mental Health Services.

They need members of the public to join their focus groups and discuss the current challenges in making referrals.

Well-TeenN

Launch date: Wellbeing in Teens - Well-TeenN

The UK Economic and Social Research Council (ESRC) and Irish Research Council) are delighted to announce the launch of their new mental health research network, **Wellbeing in Teens Network in UK and Ireland - Well-TeenN**

Well-TeenN responds to calls for research that elaborates the knowledge base on adolescent wellbeing, including articulating interactions between the social contexts, biological processes, and psychological development.

You can help if you are at least 16 year olds and have one of the following:

- experience of being referred to CAMHS
- experience of someone you care for being referred to CAMHS
- experience of trying to make a referrals to CAMHS
- have worked as a professional trying to make a referral to CAMHS

For further details, you can read the full advert: https://emergingminds.org.uk/wp-content/uploads/2021/11/Focus-group-advert-v2.0_210921-002.pdf

If you have any other questions or wish to apply, contact Zara Bernard:
zara.bernard@manchester.ac.uk

Launch date:

📅 2 December 2021

🕒 2.15-5.15pm + Wine reception 5.15-6pm

📍 Centre for Psychiatry and Mental Health, Wolfson Institute of Population Health, Queen Mary University of London Garrod Building, Whitechapel – Room 1.30

In person or online

For more information on the event, you can download this PDF:

<https://emergingminds.org.uk/wp-content/uploads/2021/11/Well-TeenN-Launch-Invitation.pdf>

Please RSVP to a.rodriquez@imperial.ac.uk



University of
Nottingham
UK | CHINA | MALAYSIA

Vacancy: Patient and Public Involvement and Engagement Officer: Children and Young People's Mental Health (Fixed term)

University of Nottingham are seeking to appoint a new Patient and Public Involvement & Engagement (PPIE) Officer to support their expanding research on Children and Young People's Mental Health. Successful candidates will be based in the Institute of Mental Health and join the vibrant and supportive Mental Health & Technology Research Group, which includes the NIHR MindTech MIC and Mental Health & Technology theme of the NIHR Nottingham Biomedical Research Centre.

For more information on this role, visit the link below:

<https://www.nottingham.ac.uk/jobs/currentvacancies/ref/MED439821>

Deadline: 📅 14 December 2021

🕒 9am



Vacancy: Research Assistant in Digital Health

McPin is currently recruiting for a new project which will have both a Young People's Advisory group and also a parent/carer advisory group to advise and feedback on the project throughout 2022.

The project is exploring how the mental health of children and young people has been affected during the Covid-19 pandemic by examining GP records (mental health diagnoses, prescriptions for mental health medications, referrals to mental health services).

The aim is to provide GPs and other healthcare providers with recommendations on how better to support young people with their mental health, learning from the

pandemic!

To find out more information about this project, you can read this PDF with further details:

<https://emergingminds.org.uk/wp-content/uploads/2021/11/GP-Data-Adult-Ad-Current-Opportunities-Posting-002.pdf>

Deadline: 📅 3 December 2021

🕒 9am

You can also contact Emma Garavini at the McPin foundation if you have any questions:

emma@mcpin.org



Persistent Absence - an Excluded Lives / Oxford University Panel discussion

Persistent absence from school has become a more frequent and much debated occurrence over recent years. It has been associated with exclusion from school and mental health difficulties. There are several competing accounts of causes and consequences in circulation. The University of Oxford has invited 4 speakers who are located in the field to articulate their understandings of this worrying phenomena and a Psychiatrist to make a response.

Speakers:

- Ellie Costello - Director, Square Peg
- Jo Hutchinson, Education Policy Institute
- Ruth Moyse, Director and Associate at AT-Autism
- David Stephenson, Mind

Respondent: Mina Fazel, Associate Professor in Child & Adolescent Psychiatry & Consultant in Children's Psychological Medicine

📅 24 November 2021

🕒 5.30-6.30pm

🔗 Zoom

For further details and to register for this event, visit this link:

Resources



**UK TRAUMA
COUNCIL**



**Children & Young People's
Mental Health Coalition**

Adverse childhood experiences (ACES) research

In this Research Practice Focus video, speakers explain what ACEs are, how they are measured, and the pros and cons of routine screening.

The speakers are Professor Andrea Danese from King's College London, Professor Helen Minnis from the University of Glasgow and David Trickey from Anna Freud National Centre for children and families.

You can view the video and further research links here:

https://uktraumacouncil.org/research_practice/aces-research?cn-reloaded=1

CYPMHC Members Report 2021

The Children and Young People's Mental Health Coalition Members' Report 2021 is based on the unique insights gathered from the Coalition's member organisations as well as from young people and parents.

This report reflects on the COVID-19 pandemic and its impact on children, young people and CYPMHC members.

You can read further information on the CYPMHC website here:

<https://cypmhc.org.uk/publications/cypmhc-members-report-2021/>

You can also download the full report here:

<https://cypmhc.org.uk/wp-content/uploads/2021/11/CYPMHC-Members-Report-2021.pdf>



Contact us: info@emergingminds.org.uk

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