



Emerging Minds

Network News: April 2022

Dear Example First Name,

Welcome to Network News, our update from the Emerging Minds Network.



This month...

We have so much to share with you, including:

- Announcing our **Big Emerging Minds Summit** in October 2022
- Invitations to our April and May **Open Labs** with our **Big Question funding call recipients** and the **Embracing Complexity coalition**
- A new **podcast on encouraging young people to seek help for their mental health** from the **CoRAY project**
- **Opportunities, funding calls, events,** and **research to get involved in** from beyond the Emerging Minds Network

Emerging Minds News



Children & young people's mental health: From research to action

Monday 17 October 2022 - St Catherine's College, Oxford

We are delighted to invite you to join us in beautiful Oxford (or online) on Monday 17th October 2022 for The Big Emerging Minds Summit. The Summit will bring together delegates from across sectors and disciplines with a range of experiences, skills and perspectives, all with a passion for mental health research that will make a difference to children, young people, and families. The day will be filled with opportunities to exchange ideas and experiences so you can leave feeling inspired and motivated to turn research into action. The event is free to attend, and Expressions of Interest are open now!

[Head over to our website to find out more.](#)



Open Lab: April

Date: 26 April, 1-2pm

Evidence Into Practice: Improving Implementation of Children and Young People's Mental Health Research

For our next Open Lab we are excited to be hosting some of our new grant recipients from our 'Big Question' Research Challenge funding call. Come and join [Dr Holly Bear](#) (University of Oxford) and [Professor Jonathan Parker](#) (University of Exeter) as they introduce their new research projects on how best to implement evidence from mental health research into policy and practice. You can find out more about both research projects [via our website](#).

To register for this Zoom event, [visit our website](#).



Open Lab: May

Date: 24 May, 1-2pm

Neurodivergence and Mental Health: How Do We Embrace Complexity?

Children and young people with neurodevelopmental conditions have an increased risk of experiencing mental health problems. Yet we know relatively little about preventing and treating mental health conditions in this group, and they are frequently excluded from research.

Georgia Harper ([Embracing Complexity coalition lead](#)) and Dr Suzi Sapiets (Universities of Warwick and Kent) will give a presentation on the overlap between neurodivergence and mental health, and facilitate group discussions on how to embrace this complexity in research and practice. They will draw on findings from their report: [Embracing Complexity in Research](#).

To register for this Zoom event, [visit our website](#).



CoRAY Voices Podcast: Encouraging Young People to Seek Support for their Mental Health

We're excited to share this new CoRay Voices Podcast which was co-produced by a group of young people from the northeast alongside the CoRay team and Headliners (UK), and builds on our [evidence-informed briefing produced by researchers and clinicians](#). In the podcast Tori, Eve, and Jenny interview Dr Polly Waite, a clinical psychologist and researcher, on how to overcome the barriers that young people face when it comes to seeking help with managing their mental health.

Head over to our website to [listen to the podcast!](#)

Research Showcase

The impact of the COVID-19 pandemic on adolescent mental health

There has been limited empirical evidence so far which can causally attribute changes in adolescent depressive symptoms, externalising difficulties and life satisfaction to the pandemic. This research report from the Department of Education and Government Social Research branch used data from two ongoing school-based trials and compared a group of young people who had experienced the pandemic between baseline assessments and follow up, with a group who had not. The study found an increase in adolescent depressive symptoms and a decrease in life satisfaction were associated with the Pandemic, but no overall effect on the prevalence of adolescents externalising difficulties. [You can read the full report via the government website.](#)

News From Beyond The Network

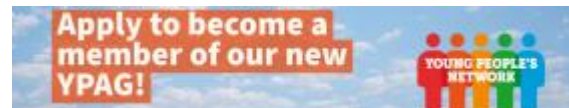
Opportunities



Early Career Researcher Bursary Awards - VAMHN

Deadline: 21 April

The Violence, Abuse & Mental Health Network (VAMHN) is offering bursaries of up to £250 to support early career researchers to attend training courses, research placements and conferences. You can [read about previous bursary winners](#) or [apply via the VAMHN website](#).



Young People's Advisory Group – McPin Foundation

Deadline: 22 April

The McPin Young People's Network are looking for young people aged 16-26 to join a Young People's Advisory Group (YPAG) to help shape a new research project around Supporting Adolescents with Self-Harm (SASH). [To find out more and apply check out McPin's latest newsletter.](#)

MENTAL HEALTH RESEARCH MATTERS

'Why Mental Health Research Matters' Steering Group

Deadline: 22 April

Mental Health Research Matters are currently recruiting people with a passion for mental health research to coordinate a new campaign this autumn. To apply, you should have some connection to any of the eight UKRI-funded Mental Health Networks, e.g.: Emerging Minds! (maybe as a researcher, someone with lived experience, a practitioner or policy maker, or even just a mailing-list subscriber...). [To find out more and apply visit their website.](#)



Prudence Trust/Elizabeth Blackwell Institute Fellow – University of Bristol

Deadline: 26 April

This 3-year fellowship is available to a researcher from any discipline with substantial experience in the area of mental health in young people. Research should be focused on improving the mental health of children and young people (primarily ages 8-25) through prevention or early intervention. [Find out more and apply via the Bristol University website.](#)



GROW Researcher Development Programme

Deadline: 26 April

GROW is a fully-funded 6-month programme that supports a cohort of **early career researchers** in England to identify and work on professional goals, and develop the skills, experience and contacts to make a difference through mental health research.

Emerging Minds is hosting the current cohort, and we're excited to be passing on the baton to our friends at the [Mental Health Research Incubator](#) going forward. The next programme begins in summer 2022, and [you can apply now on the Incubator website!](#)



Call for Papers: "Evidence- based synthesis studies for child and adolescent mental health conditions" – JCCP Advances

Deadline: 1 May

JCCP Advances is calling for papers for this special edition due to be published in September 2023 which will focus on evidence-synthesis studies of randomised clinical trials and observational data in child and adolescent mental health. [Find out more and how to apply via The Association for Child and Adolescent Mental Health website.](#)



2x PhD Scholarships

Deadline: 20 May

Mental Health Research UK is holding a competition for UK Universities to apply for two PhD Scholarships focused on 'early intervention in psychosis' and 'health inequality and mental illness'.

[To find out more, visit the Mental Health Research UK website.](#)



2022 ACAMH Awards

Deadline: 30 May

Nominations are open for the 2022 Association for Child and Adolescent Mental Health Awards. Across the nine awards ACAMH aim to recognise high-quality work in evidence-based science, both in research and practice, in the field of child and adolescent mental health. It's your chance to celebrate researchers, clinicians, and students doing amazing things in the field! [Head to the ACAMH website to submit nominations now.](#)

Funding Opportunities



2022 MQ Fellows Award

Deadline: 29 April

MQ Mental Health Research are offering 3 years of funding for early career researchers whose projects are focused on suicide, comorbidities, and premature mortality for people with serious mental illness. The 2022 MQ Fellows Award, themed "Gone too Soon", is open for applications now. [To find out more and apply visit the MQ website.](#)



Partner with the police to tackle violence against women and girls – UKRI

Deadline: 3 May

An opportunity for UK-based academics to work in partnership with local UK police constabularies, agencies and stakeholders to tackle Violence against Women and Girls. Funding is available to establish new or grow existing multi-agency local partnerships and to support networking, knowledge exchange and research co-design activities. [Find out more and apply via the UKRI website.](#)



Improving outcomes in people experiencing or at risk of psychosis – Wellcome

Deadline: 5 May

Up to £3million over 5 years is available from Wellcome for projects developing interventions to improve cognitive and functional outcomes for people experiencing, or at risk of, psychosis. And up to £1million over 3 years is available for studies testing markers of cognitive functioning. You can [find out more over on Wellcome's website](#), or [join their information webinar](#) on **20 April 1.30-2.30pm**.



Looking Backwards, Moving Forwards – Wellcome

Deadline: 24 May

Wellcome has launched a new £50million funding call, 'Looking Backwards, Moving Forward'. Projects from any discipline can apply for up to £5million to investigate the causal mechanisms, from the cellular to the societal, that underpin effective interventions for anxiety, depression, and psychosis, and to inform the development of new and improved early interventions. [You can find out more over on Wellcome's website](#).



Evaluating implementation of the 'Transforming Children & Young People's Mental Health Provision' green paper - NIHR

Deadline: 25 May

Stage 1 applications are now open for the National Institute for Health Research's funding call to evaluate the implementation of the 'Transforming Children and Young People's Mental Health Provision' Green Paper. [Find out more and apply via the NIHR website](#).



Mental Health Data Prize – Wellcome

Deadline: 5 June

The Wellcome Data Prize in Mental Health supports collaborative approaches to research into anxiety and depression in young people and aims to generate tangible and scalable outputs. Multi-disciplinary teams from the UK and South Africa are eligible to apply to explore existing data to find new insights and build digital tools that enable future research. [Find out more and apply over on Wellcome's website](#).



Emotional Support for Young People – Health Foundation

Deadline: 6 June

The Health Foundation have launched a new research programme, Emotional Support for Young People, to develop the evidence base on factors that shape young people's experiences of emotional support from their families. Funding of up to £200,000 is available to four-six research teams based in the UK. [Find out more and apply on the Health Foundation website.](#)

Events



Parenting in Emergencies – Evidence and innovation to support children and their caregivers

Date: 26 April, 2pm

The Wolfson Centre for Young People's Mental Health are beginning a new public lecture series, and in their first event Professor Lucie Cluver (Universities of Oxford and Cape Town) will be presenting the best evidence-based support for families in emergencies. [You can register for this event via Zoom.](#)



Public Mental Health Virtual Symposium 2022

Date: 27 April

The [NIHR SPHR Public Mental Health programme](#) is hosting its second virtual symposium for anyone interested in public mental health. This free one-day event will showcase the latest research conducted within the programme. [Find out more and register on the NIHR SPHR website.](#)



Social Media Training for Mental Health Researchers

Dates: 29 April, 26 May, 29 June

Spend half a day with The Mental Elf founder André Tomlin and give your social media skills a huge boost! These practical training sessions in digital public engagement and research dissemination skills are for anyone interested in communicating mental health science. [You can book onto one of the upcoming course dates via Eventbrite.](#)



Rollercoaster Evaluation Launch – Charlie Waller Trust

Deadline: 9 May, 10-11.15am

The Charlie Waller Trust has been evaluating Rollercoaster; an innovative service supporting parents and carers with their children's mental health. Join them at this webinar where they will present the findings of the study, share insights from caregivers and other local mental health services, and consider next steps for developing similar services. [You can find out more and register via Eventbrite.](#)



Tackling the Crisis in Youth Mental Health: Helping Young People to Help Themselves – Health Innovation Network

Date: 26 May 12-1pm

The Health Innovation Network together with MeeToo are holding a free interactive webinar on 'helping young people to help themselves'. You will hear how digital peer support is transforming outcomes for young people with mental health issues via the MeeToo Mental Help Service app. You can register to attend via Eventbrite.



Final Showcase Symposium – Loneliness & Social Isolation Network

Date: 15 June, 10-5pm

Registrations are now open for the Loneliness and Social Isolation Network's Final Showcase Symposium to be held over Zoom on 15 June. You will hear results from the [Network's 12 funded plus projects](#) and join the conversation around interventions to reduce loneliness and social isolation. The event is free to attend and [you can register over the UCL's website.](#)



Summer School in Youth Mental Health Research

Deadline for Registering: 27 June

The Wolfson Centre for Young People's Mental Health are hosting a free virtual summer school in July. It is aimed at early career research scientists and clinical trainees who are interested in moving into youth mental health research, or those who want an introduction to the field. [Find out more and apply via Cardiff University's website.](#)

Participate in Research



Emetophobia Study – University of Oxford

This study hopes to explore the similarities and differences in thinking styles and behaviours of those with emetophobia (fear of vomiting) versus panic attacks. The study is open to young people aged 11-17 who have a fear of vomiting, panic attacks or no current mental health condition and involves taking part in online questionnaires. [To get involved visit the Oxford Psychiatry website.](#)



Online Support for Self-Harm Study – University of Bristol

Dr Jennifer Ferrar is currently running a study to evaluate the impact of online support materials for individuals who self-harm. The team are looking for young people aged 16+ who have self-harmed in the last year and currently reside in the UK to take part. [You can access the online study via Bristol University.](#)



Study Participation: Loneliness Interventions for Young People

Have you experienced loneliness? Are you aged 16-24? Do you identify as male or non-binary? The Loneliness & Social Isolation Network are looking for young people to participate in one-on-one interviews over Zoom, to explore their opinions on strategies to help reduce loneliness in this age group. [Find out more and get involved via UCL's website.](#)

Study Participation: Purrble Toy Trial – King's College London

Researchers at KCL are looking for parents of children aged 6-10 years to try a small interactive plush toy designed to help children calm down and relax (Purrble) and to take part in a series of online co-design activities to help the team develop a set of resources around it that further support the development of children's emotional skills. To find out more [visit the KCL website.](#)



Contact us: info@emergingminds.org.uk

[Unsubscribe](#)

Emerging Minds is part of the Cross-Disciplinary Mental Health Network Plus initiative supported by UK Research and Innovation.