



The Big Emerging Minds Summit

Children & young people's mental health: From research to action

Monday 17th October | St Catherine's College, Oxford

Dear friend,

In this special edition of Network News - our monthly update from the Emerging Minds Network - we are focusing on our **Big Emerging Minds Summit** on **Monday 17 October 2022**.

Below you can find information on:

- **how to secure your Summit place**, as full registration is now open to the public
- joining in with our smaller-scale **online Summit**
- what you can expect from the full in-person **Summit programme**.

The Summit is shaping up to be a brilliant event with a wide range of delegates registered so far, and a broad array of sessions confirmed. There will definitely be something for everyone, no matter your field or background, and plenty of opportunities to network and build connections through which we can turn research on children & young people's mental health into action together.

We will be sharing more information about the Summit as we have it on our website (emergingminds.org.uk/summit/) and Twitter [@EmergingMindsUK](https://twitter.com/EmergingMindsUK), so do keep an eye out.

As always, if you have any questions about Emerging Minds or the Summit, please do get in touch by emailing: info@emergingminds.org.uk. We can't wait to see you in October!

Registration

We are thrilled to let you know that **full registration is now open to the public.**

We are using the Cvent platform to host our full registration process. Your place is only confirmed if you have:

- Completed the full registration form via Cvent
- **and** clicked Submit at the end of the form
- **and** received a Confirmation Number from Cvent by email.

Please note, if you previously expressed interest in attending the Summit **this has not secured your place** and you now need to fill in the full registration form via Cvent.

Registration will close on Wednesday 21st September. Based on the interest we have received we anticipate the Summit will be over-subscribed so do register as soon as possible to secure your place. If you later discover that you won't be able to make it, please cancel your ticket as soon as possible so we can give your place to somebody else.

[*Register for the Big Emerging Minds Summit*](#)



The Summit is primarily an in-person event structured around interactive workshops, and we are unfortunately not able to offer the full in-person Summit programme online. The online Summit programme will include the **opening and closing plenaries**, and **four hybrid sessions** spread throughout the day, each related to [one of our research challenges](#):

Researching the mental health impacts of racism: experiences of Black researchers with researchers from [the TRADE project](#)

Design the 'dream school' for mental health led by the [Rethinking Education](#) and [My Mind is My Own](#) SIRGs

How can we embrace complexity in neurodevelopment and mental health amongst children and young people? based on [our SIRG](#) and [cross-sector placement](#) on this topic

The implementation of evidence in children and young people's mental health with the [BRIDGE SIRG](#)

We are working hard to make these sessions as good as possible for our online delegates as we know it's hard to run truly hybrid events well, and we are keen to offer a great parallel Summit experience to those joining us online. We will have dedicated online facilitators to help with technical difficulties, steer the online programme, and bridge the online and in-person Summits, so that we can include our online delegates as much as possible.

If you are interested in joining the Summit online, please fill in the full registration form via Cvent and select the online ticket option.

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Programme

Since the beginning of the Emerging Minds Network we have worked towards addressing [four research challenges](#), all aimed at broadening and improving research around children and young people's mental health, and its implementation.

Over the last four years we have supported and funded a broad range of [research projects](#), [cross-sector placements](#), and [Special Interest Research Groups \(SIRGs\)](#), in relation to these challenges. We are so excited to bring together these fantastic individuals and teams at the Summit, and give them the floor to share their findings, challenges, and successes with you.

The Summit programme will be structured around our four research challenges, and we are thrilled to have confirmed 19 sessions so far, with more in development. All sessions will include opportunities to share research findings, discuss methodologies, and look ahead to the future of children and young people's mental health research.

Below are all the sessions confirmed so far - we hope they make you as excited as we are!



Voices,
power and
attitudes

Voices, Power & Attitudes

This research challenge focuses on how young people's voices and power can be amplified and heard, and how societal attitudes and behaviours can be changed, to have a positive impact on children and young people's mental health and wellbeing.

For our second funding call we honed in on the impact of racism on the mental health of children & young people in the UK, and effective interventions, as a sub-topic within this research challenge. Summit sessions will include:

Bodymapping racism: exploring an arts-based practice to help talk about experiences of racism with Dr Verity Jones [based on her Emerging Minds-funded project](#)

Working with young people as peer researchers in mental health research: what works? led by Dr Nicola Cogan and [the self-stigma SIRG](#)

Parent and teenager perspectives on the intergenerational transmission of racial trauma with Dr Yasmin Ahmadzadeh and [the TRADE project](#)

Youth voice in crises discourse from [the SIRG on this topic](#) led by Dr James Duggan

Researching the mental health impacts of racism:

experiences of Black researchers with researchers from [the TRADE project](#)

Young people's involvement in digital mental health facilitated by [the SIRG on this topic](#)

A purple rounded square graphic with the text "Supporting the supporters" in white.

Supporting the supporters

Supporting the Supporters

This research challenge focuses on how we can enable young people and families to help one another promote good mental health and overcome mental health problems, and how we can develop supportive settings, like schools, for better promotion, prevention and early treatment. Summit sessions will include:

Social prescribing: sharing and actioning findings from practitioners and young people led by [our funding recipients](#) Dr Emily Stapley and Dr Daniel Hayes

Design the 'dream school' for mental health with the [Rethinking Education](#) and [My Mind is My Own](#) SIRGs

Won't somebody please think of the parents: involving parents and carers in mental health research led by Dr Faith Martin in relation to [her funded project](#) and [SIRG](#)

A purple rounded square graphic with the text "Embracing complexity" in white.

Embracing complexity

Embracing Complexity

This research challenge focuses on how we can best meet the needs of children and young people who have intersecting needs and face complex situations in order to promote good mental health, prevent the development of mental health problems, and tackle mental health problems early. Summit sessions will include:

Developing a new understanding of multisensory experiences with young people who hear voices with the Dr Sarah Parry and the [Multisensory Hallucinations SIRG](#)

Social media use among young people who live with a chronic physical condition led by Dr Emma Berry in relation to [her Emerging Minds-funded project](#)

How can we embrace complexity in neurodevelopment and mental health amongst children and young people? based on [our SIRG](#) and [cross-sector placement](#) on this topic

Language, communication and mental health: what service users and professionals see as research priorities led by [the related SIRG](#)



The big
question

The Big Question

This research challenge focuses on how we can implement effective promotion, prevention, and early treatment for mental health problems at scale. Our final funding call asked why even when we know 'what works' isn't this necessarily implemented in policy and practice, and how can we improve evidence-based decision making? Summit sessions will include:

How can proposed solutions to adolescent depression be implemented in primary and social care settings? with the [ADvaNCE SIRG](#)

The implementation of evidence in children and young people's mental health with the [BRIDGE SIRG](#)

Responding to self-harm in young people: exploring the potential of creative therapies led by the [creative therapies SIRG](#)

Research in clinical settings: practical challenges and finding ways forward with Francesca Weber and Dr Alex Brown

Live music and mental health: opening up opportunities for children and young people led by the [Live Music SIRG](#)

Implementation, impact and sustainability: what are we learning from the CWP programme? from Professor Jonathan Parker based on [his funded project](#).



Contact us: info@emergingminds.org.uk

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