

Improving the Implementation of Evidence in Children and Young People's Mental Health: **YOUTH AND PARENT** Involvement in the Bridging The Gap project

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WHAT WE'RE DOING

Gathering implementation case study data from



AIMS

- Inform development of a toolkit
 - Recommendations on implementation of evidence in CYP mental health
- ↓ ↓ ↓
- Workshops Webinars Digital Report

Project Website



YOUTH AND PARENT INVOLVEMENT IN THE BRIDGING THE GAP PROJECT

YOUNG CO-RESEARCHERS



- Project management
- Data collection and analysis
- Steering group
- Project output dissemination

YOUNG PEOPLE WITH LIVED EXPERIENCE

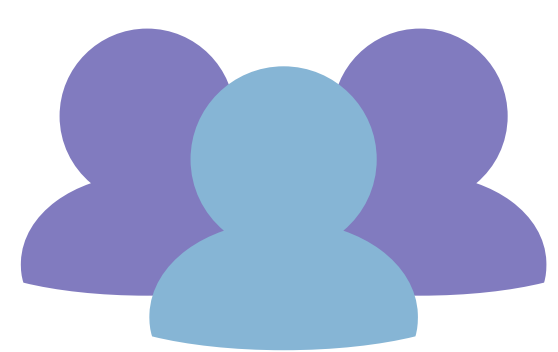


- Steering group
- Project output dissemination

PARENTS OF YOUNG PEOPLE WITH LIVED EXPERIENCE



- Steering group
- Project output dissemination



MESSAGES

YOUTH ADVISOR

Everyone loves working on meaningful projects, but I love it even more when I get to use my experiences to make sure that the project really hits the spot.



CO-RESEARCHER

I've had the chance to attend and represent the project at an international conference and learn new skills and gain knowledge about working in mental health research.



YOUTH ADVISOR

I feel as if my involvement has been meaningful and my voice valued throughout the process. It is good to know that I can potentially help future like minded young people through the research.



PARENT ADVISOR

When my child accesses evidence-based support matching her needs, there is a magical transformation. I want to help that happen more often for more children and families.



IMPACT OF INVOLVEMENT SO FAR

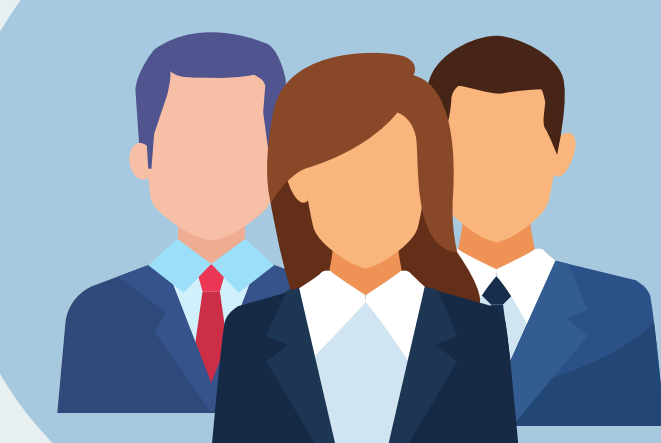


STEERING GROUP

- Valuable insights given on experience of accessing evidence based support.

PROJECT OUTPUTS

- Young people leading dissemination of key messages through digital outputs.



CO-RESEARCHERS

- Contribute own unique perspectives.
- Gain versatile research skills.

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