



HOW CAN WE SUPPORT WORKING PARENTS WHO SUPPORT YOUNG PEOPLE WITH MENTALHEALTH DIFFICULTIES?

We are planing a consultation event to develop a research plan

We are inviting a small group of working parents who care for a young person (aged 15 -25 years) experiencing mental health difficulties to help shape the development of a new research project, which aims to explore how we can better support parents in similar situations in the future.

What to expect, there will be a brief presentation on the research proposal, followed by a structured discussion on specific questions that will shape the way the project develops. You will be given information on how to stay in touch with the project should you wish too.

Interested in being involved: please email jparsonage@brookes.ac.uk

We want to understand the factors encountered by working parents, which affect the emotional support experienced by their children who have mental health difficulties

Help us design a research project to develop that understanding

Contribute to ensure that parental views are represented

We can pay you £25 for joining us, but places are limited

Dr. Jackie Parsonage
Occupational Therapist
(<https://www.brookes.ac.uk/profiles/staff/jackie-parsonage-harrison/>)

&

Dr. Faith Martin
Psychologist
(<https://pureportal.coventry.ac.uk/en/persons/faith-martin/fingerprints/>)