



YPii_DMH Dragons' Den Guidance

Why is having young people's involvement important in research?

Young people involved in research help to...

EXPERTISE

...bring first-hand experience of what it is like being a young person

RELEVANCE

...ensure research is being conducted on areas that meet the priorities and needs of young people

ETHICS

...consider the sensitivities or apprpriateness of the research being conducted

EXPERTISE

..bring knowledge and information about being a young person living in the digital

ACCESSIBILITY ...check the accessibility of the research when explaining it to other young people

What might good or bad involvement in research look like?

GOOD

- YOUR VIEWS ARE ASKED AND YOU FEEL VALUED
- THE SPACE FEELS SAFE AND INCLUSIVE, SO YOU CAN BE HONEST
- YOU HAVE BEEN OFFERED TRAINING OR SUPPORT SO YOU KNOW WHAT IS BEING ASKED OF YOU
- YOU ARE INVOLVED THROUGHOUT THE RESEARCH
- IT IS A FUN EXPERIENCE THAT YOU LEARN FROM
- YOUR VIEWS ARE AS IMPORTANT AS THE OTHER TEAM MEMBERS
- YOUR CONSENT IS TAKEN TO BE INVOLVED
- THERE ARE FLEXIBLE WAYS TO GET INVOLVED

BAD

- YOU DON'T UNDERSTAND THE WORDS BEING USED
- YOU FEEL YOU HAVE TO PARTICIPATE WITHIN AND **ACROSS SESSIONS**
- YOUR OPINIONS FEELS LIKE A 'TOKEN-GESTURE'
- YOU'RE NOT ABLE TO TO GIVE FEEDBACK ABOUT THE PROCESS IF IT'S NOT WORKING FOR YOU
- YOU ARE NOT RECOMPENSATED FOR YOUR TIME AND YOU FEEL YOU'RE GETTING NOTHING FROM IT
- YOU ARE NOT KEPT UP TO DATE WITH WHY OR HOW DECISIONS HAVE BEEN MADE

Have you been given enough information and do you understand the research idea?

As a dragon, you might want to think about the following questions:

Are you interested in the research, would anything make you more interested?

How could the process of being involved be made better for young people wanting to 'take part?'

Do you think other young people'would agree with the

idea?

If you were a participant in this research, would you want to get involved?

What parts of this research project did you really like?

What would you do differently if this was your project?

Have the team thought about how to involve young people throughout the research?

We're really looking forward to seeing you at the Dragons' Den event, and hearing what you have to say about the different projects. Remember, you're the expert in being a young person! If you have any questions or concerns, please don't hesitate to contact us at YPiiDMH@nottingham.ac.uk